



# HOLY TRINITY CWL NEWSLETTER - OCTOBER/21



## Month of HOLY ROSARY

"When you say your Rosary, the angels rejoice, the Blessed Trinity delights in it, my Son finds joy in it too, and I myself am happier than you can possibly guess. After the Holy Sacrifice of the Mass, there is nothing in the Church that I love as much as the Rosary."



Our Lady to Blessed Alan de la Roche

## Message from CWL President:

Dear CWL members,

Fall has just arrived. Fall brings so many profound changes. As I was reading to get inspired to write this message, I found some good practices to welcome the new season in our life:

**-Balancing darkness with light** – days and nights are of equal length, far too often we dislike the dark and prefer only the light. Let always remember that the light of the world is always with us, even in our darkness. **“I am the light of the world. He who follows Me shall not walk in darkness, but have the light of life” (John 8:12). “While you have the light, believe in the light, that you may become sons of light...I have come as a light into the world, that whoever believes in Me should not abide in darkness.” (John 12:36, 46).**

**-Letting go** – let’s get out of the way and let the Holy Spirit to take charge of our lives. “For my thoughts are not your thoughts, neither are your ways my ways,…” (Isaiah 55:8-9). Being able to let go, to give up, to renounce, to give generously – these are amazing capacities that our Lord has given us. Fall, then, is the perfect season to give generously of our time and talents to others. **“You should each give what you have decided in your heart to give. You shouldn’t give if you don’t want to. You shouldn’t give because you are forced to. God loves a cheerful giver” (2 Corinthians 9:7).**

**-Acknowledging impermanence** - the leaves fall and bare branches remind us of the fleeting nature of all things. We are to live every day to the fullest. We are always to trust the plan that God has for us despite the uncertainty. **“For I know the plans I have for you,” declares the LORD”, plans to prosper you and not to harm you, plans to give you hope and a future” Jeremiah 29:11**

Most important, let’s Fall in love with Jesus and may we all continue to be “Held in the Palm of His Hand Blessings.

Roselia Moreno

# The Holy Rosary

According to tradition, in 1206 Our Lady revealed the Holy Rosary to St. Dominic, whose 800th anniversary of death we celebrate this year. Shortly before his death, St. Dominic sent twelve friars to England who established their first priory in Oxforton the feast of Assumption in 1221. The Rosary is acknowledged to be the "sacred inheritance" of the Dominicans, and they preached the Rosary as Our Lady had instructed St. Dominic to do. They organized the Rosary into three sets of meditations, which unfold like a triptych, focusing our attention on the mysteries of Man's salvation through the Incarnation, Death and Resurrection of Christ. The Dominican Rosary, as it was called, became universally popular thanks to the Dominican Pope St. Pius V, who attributed the victory at Lepanto in 1571 to the praying of the Rosary. London's Rosary Shrine continues to preach the Rosary through architecture and art, and it is the first church of its kind in the world, where a stational Rosary is prayed every Saturday.

All things, even the holiest, are subject to change, especially when they are dependent on man's free will. It is hardly to be wondered at, then, that the Confraternity of the Holy Rosary only retained its first fervour for one century after it was instituted by Saint Dominic. After this, it was like a thing buried and forgotten.

Later on, Our Lady told Blessed Alan to revive the former Confraternity of the Holy Rosary. Blessed Alan was one of the Dominican Fathers at the monastery at Dinan in Brittany [France]. He was an eminent theologian and a famous preacher. Our Lady chose him because, since the Confraternity had originally been started in that province, it was fitting that a Dominican from the same province should have the honour of re-establishing it. Blessed Alan began this great work in 1460, after a special warning from Our Lord. This is how he received that urgent message, as he himself tells it:

One day when he was offering Mass, Our Lord, Who wished to spur him on to preach the Holy Rosary, spoke to him in the Sacred Host. **“How can you crucify me again so soon?”** “What did you say, Lord?” asked Blessed Alan, horrified. **“You crucified Me once before by your sins,”** answered Jesus, **“and I would willingly be crucified again rather than have My Father offended by the sins you used to commit. You are crucifying Me again now because you have all the learning and understanding that you need to preach My Mother’s Rosary, and you are not doing it. If you only did that, you could teach many souls the right path and lead them away from sin. But you are not doing it, and so you yourself are guilty of the sins that they commit.”** This terrible reproach made Blessed Alan solemnly resolve to preach the Rosary unceasingly.

In 1917, Our Lady appeared at Fatima to three shepherd children with a command to pray the Rosary daily, a warning of a coming chastisement if man did not convert, and the promise of an eventual victory.

**“The Most Holy Virgin in these last times in which we live has given a new efficacy to the recitation of the Rosary to such an extent that there is no problem, no matter how difficult it is, whether temporal or above all spiritual, in the personal life of each one of us, of our families...that cannot be solved by the Rosary. There is no problem, I tell you, no matter how difficult it is, that we cannot resolve by the prayer of the Holy Rosary.”**

Sister Lucia dos Santos, Fatima seer

# In-Person General Meeting

It is so great to be together again



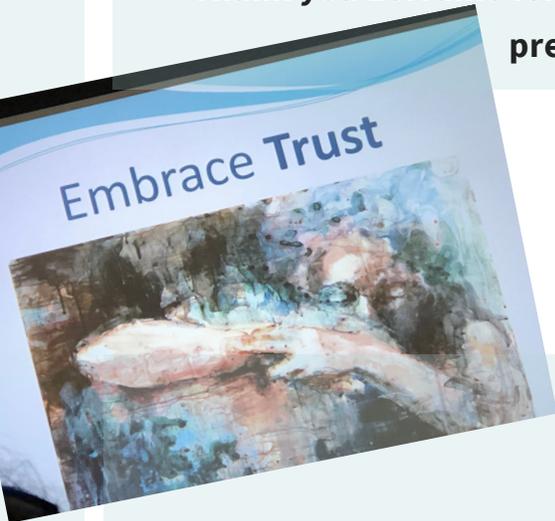
## Mission Statement

The Catholic Women's League of Canada calls its members to grow in faith, and to witness to the love of God through ministry and service.

# In-Person General Meeting

Our guest speaker, Mrs. Lorraine Paruzzolo, spoke about "Embracing Trust"

Thank you Lorraine for an engaging and motivational presentation.



Our guest speaker Mrs. Lorraine Paruzzolo gave an excellent and thoughtful presentation titled "Embracing Trust" at our September general meeting. As requested by Allisen Dawe, here is the poem she included with her talk.



## Trust in God

I trust in God with all my heart,  
And see the wonderful world of His art.

Today I let go of the things on my mind,  
And see that God will care for mankind.

With a blank canvas I approach today,  
Waiting on God to show me the way.

It's hard to quiet my mind and my soul,  
But I trust in God whose actions are bold.

Time is plentiful, I feel no rush,  
I let go of demands that so often crush.

My spirit is free to grow again,  
A formation for me of rejecting sin.

Thank you God for this time alone,  
To seek you, trust you and see your throne.

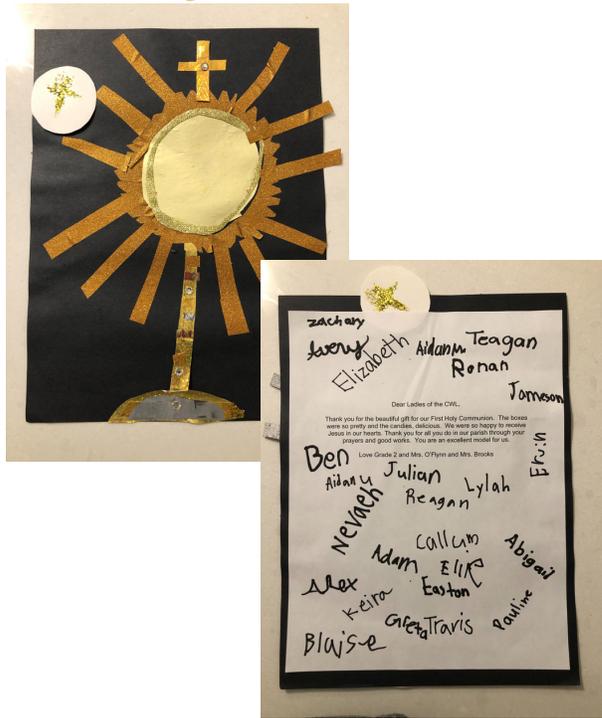
I trust in God with all of my heart,  
And see my world filled with His art.

J.R. Atkins  
Oblate Renewal Center  
San Antonio, TX  
July 22, 2014

## Core Purpose

Uniting Catholic women to grow in faith, and to promote social justice through service to the church, Canada and the world.

## Thank you Card from Grade 2



Dear Ladies of the CWL,  
Thank you for the beautiful gift for our First Holy Communion. The boxes were so pretty and the candies, delicious. We were so happy to receive Jesus in our hearts. Thank you for all you do in our parish through your prayers and good works. You are an excellent model for us.  
Love, Grade 2 and Mrs. O'Flynn and Mrs. Brooks

## Holy Trinity School CWL AWARD

The recipient of the \$100 Holy Trinity Parish CWL award, presented to a Grade 7 Holy Trinity Elementary student in June 2021, was Maria Dulay. Maria was selected by Principal Smith and her grade 7 teacher as the student most worthy of recognition in her class. We congratulate Maria and wish her well in her high school years.

## CWL EXERCISEATHON



The Fundraising (Exerciseathon) to support the upcoming Truth and Reconciliation Week fund: a 5-day national event **raised \$340**. Donation has been sent.

### Core Values

**FAITH** - following Catholic teaching **SERVICE** - local, national and international  
**SOCIAL JUSTICE** - actively involved in society

## Loretta's Birthday

Father Obiwumma and Father Comey co-celebrated Mass at the Lynn Valley Care Centre to mark the 100th birthday of CWL member Loretta Kleffel. In attendance were her family and friends, including Mrs. Marie Hunter, Daisy Gagne, Marlene Conlin and Norma Wieland.

Norma presented Loretta with her 65 year pin and Mrs. Hunter with her 70 year pin, on behalf of our CWL council.

What a blessed and joyous day.



Would YOU use a Catholic Women's League of Canada (CWL) Smart Phone Application?

**WE WANT TO HEAR FROM YOU!**

**Your feedback is important.**

**COMPLETE THE SURVEY BY OCTOBER 31, 2021 FOR A CHANCE TO WIN A PRIZE!**

This is a confidential survey – no answers will be shared. The working group is looking for responses from throughout Canada. Please feel free to share this survey with your friends!

The deadline is October 31, 2021.

Participants will be entered into a draw should they choose to provide their information.

<https://www.surveymonkey.com/r/CWLAPP>

The smart phone application working group needs your feedback. Visit [surveymonkey.com/r/CWLAPP](https://www.surveymonkey.com/r/CWLAPP) to participate in a short survey and be entered into a draw for a chance to win!

**Deadline is October 31st, 2021.**



The League is pleased to provide members with the document Catholic Social Teaching Resources. It provides numerous resources that address social justice and Catholic social teachings (CST) under various headings with links and descriptions. Included are “Prophets Among Us” of people who advocated or worked to make a change in the world. These prophets will inspire members’ work for social justice. The information in this document will lead the League into the future to continue the work of advocacy through social justice and Catholic social teachings.

## Book of Miracles deadline extended to October 21



**Remember to submit your stories of miracles for our book** being compiled by Sherray. She is looking for 200-250 words in a 12pt Times New Roman font. The new deadline for submitting stories is October 21th. Proceeds from the sale of the books will go to Domestic Abuse Services, to go toward funding for their new house. **Please send your stories to Sherray, at [PresidentElect@vancouvercwl.ca](mailto:PresidentElect@vancouvercwl.ca).**



**Domestic Abuse Services (Our Lady of Good Counsel Society)** is a registered, non-profit organization founded in 1995 within the Catholic Archdiocese of Vancouver, under the auspices of the **Catholic Women's League**. We assist anyone seeking safety or recovery from domestic abuse regardless of religious denomination, race, sex, or creed.

Members of the Society are:

- volunteers who uphold Catholic & Christian values
- providers of indirect services for domestic abuse victims
- advocates of non-violence in the community



We invite all CWL members to join the Domestic Abuse Services OLGCS (it only cost \$15/year)

<https://domesticabuseservices.ca/get-involved/become-a-member/>

**Domestic Abuse Services - Our Lady of Good Counsel Society** is holding a special Fundraising; all our members are welcome to participate. Click on the link below:

**[Fabulous Fall Quilts | 32auctions](#)**



## A Prayer of Hope for the 2022 CWL National Convention, Kelowna

Father in Heaven, nothing surpasses Your Goodness.

Your Goodness is steeped in Love and Your Love gives us Hope.

This Hope gives us Faith, and our Faith helps us Love. We pray that Your Love will make us Good. As we prepare to bring our CWL sisters together, Send Your Spirit to guide this Convention Team and our National Council.

Bless the 102nd National Catholic Women's League Convention, That Your precious daughters will reconnect with each other and draw closer to You.

Help us to navigate this earthly wilderness and to do Your will.

In Your vineyard O Lord, we long to be: Rejoicing, relaxing, praying and playing, Laughing, learning, serving and savouring.

Abba, Father, from these long months of isolation and angst, deliver us.

We hope in You O Lord, that we may come together in 2022, And through Our Lady of Good Counsel, We will be blessed as we labour and live in Your Vineyard.

Amen



# KAIROS

## BLANCKET EXERCISE

Sunday, October 03, 2021, 2-4:30 pm

REGISTRATION

Holy Trinity School Gym

Contact Monica 604-8427392 or [moniber@yahoo.com](mailto:moniber@yahoo.com)

Light refreshments will be provided

Masks are mandatory. - Proof of vaccination will be required

## CWL General Meeting

October 4th @ 7pm

Holy Trinity Church Hall

Mask are mandatory

We also ask our members to:

- Assess themselves for symptoms of COVID-19 and stay home if sick;
- Clean their hands frequently. Will have a hand sanitation station available during the meeting. Venue will be cleaned and disinfected before and after the meeting.
- Everyone eligible is encouraged to be fully vaccinated.

**Kateri Tekakwitha**

Lily of the Mohawks

Canonization Day:

October 21, 2012

*First Native American Saint*

*"I am not my own.  
I have given myself to Jesus.  
He must be my only love."  
- Kateri*



# FIRST NATIONS 101

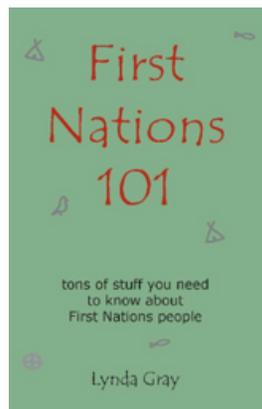
By Lynda Gray

To understand why the forced assimilation of First Nations people into European culture over several hundred years caused such disintegration of their communities, one must understand their culture and way of life prior to first contact with non-First Nations people.

- First Nations people had a strong sense of community where children were cherished, women, Elders and Two-spirit (LGBT) individuals were valued and each individual contributed to the wellbeing of the community.
- Learning was a life-long skill, passed from individual to individual through mentorship. Learning did not take place in schools at specific times rather was an on-going process of observing, participating and asking questions. Every individual had a gift and once it was identified it was nurtured to the benefit of the community.
- First Nations people had a very strong connection and respect for the earth.
- History and culture was passed on through storytelling, pictographs, art, songs and dances.
- Culture was centred on spirituality including prayer, sacred ceremonies and connection to ancestors. These were part of everyday life.
- First Nations spirituality put emphasis on connection with the Creator differing from religion based on hierarchies, blame, shame and male dominance.
- Ceremonies were used to acknowledge life events such as the birth of a child, the raising a totem pole, a marriage, a death to name a few. This brought the community together.
- Potlatches reach back as far into First Nations history as one can go and were formal cultural ceremonies to mark significant life events as described above. Potlatches were used to distribute resources to members of the community so that everyone prospered.
- Governance ranged from clans, houses, confederacies and councils. Each First Nations community developed the system that best ensured that everyone in the community was taken care of. The primary goal of governance was the well being of the community.

## What can we do?

Continually learn about the true history of First Nations people within Canada and the United States, and share that knowledge with others.



# HISTORY OF HOLY TRINITY PARISH CWL

## CWL History – October 2021 installment

The parish as we know it today was started due to the overflowing numbers attending St. Edmund's Parish and on February 13, 1948, the diocese obtained the title to six lots on the corner of Lonsdale Avenue and 27th Street.

Forty families formed the nucleus of the new parish including two of our current CWL members; *Mrs. Marie Hunter and Mrs. Jean Galozo*. This year *Mrs. Hunter* celebrated 75 years of membership in our CWL council, making her the "Matriarch" of our council. She transferred her membership from St. Edmund's Parish where she began her involvement and has been a strong supporter ever since. Currently, *Mrs. Hunter* resides at Lynn Valley Care Centre. *Jean Galozo* has been a member for 70 years and lives at Inglewood Care Centre in West Vancouver.

Before the construction of the church began families met in the chapel constructed in the home of *Captain and Mrs. John Marron* who lived at 3361 Lonsdale Avenue.

The rectory was completed in December 1948 and Midnight Mass was celebrated in the chapel by *Father John Kilty*. *Father Kilty* was the pastor of our parish from 1948 to 1982. Mass continued there for the next 2 years while construction took place for the new church which was completed and dedicated on Sunday, May 20, 1951, Trinity Sunday.

Although our CWL council obtained its charter in 1950, the women of the parish formed the Ladies Auxilliary from 1948-1973, with the focus being on the parish as directed by *Father Kilty* and not by CWL National. The shift seems to have happened in 1974. More on that to follow.



## HOLY TRINITY PARISH CWL

**For God and Canada**

## Cecile Van Nes

**Cecile Van Neus funeral mass is on Monday October 4th at 11 am**



## YOUTUBE



**The Wild Goose // 14 Part Series on the Holy Spirit**

A new 14 part video series on discovering a deeper relationship with the Holy Spirit.

<https://www.youtube.com/playlist?list=PLE6t-PqUvPEemanegIWYbKUn4j8olfe9h>

Lord, God, your light which dims the stars Awakes all things, And all that springs to life in you Your glory sings.

# National Day of Prayer for Canadian Home Missions

October 1st

Mission activity was the first action of the Apostles



## PRAYER FOR CANADIAN HOME MISSIONS

*Heavenly Father,  
we pray for our  
Canadian home missions,  
from sea to sea to sea.*

*Take into Your care,  
through our prayer,  
our brothers and sisters in faith.  
We ask protection  
and strength in faith, hope and love.*

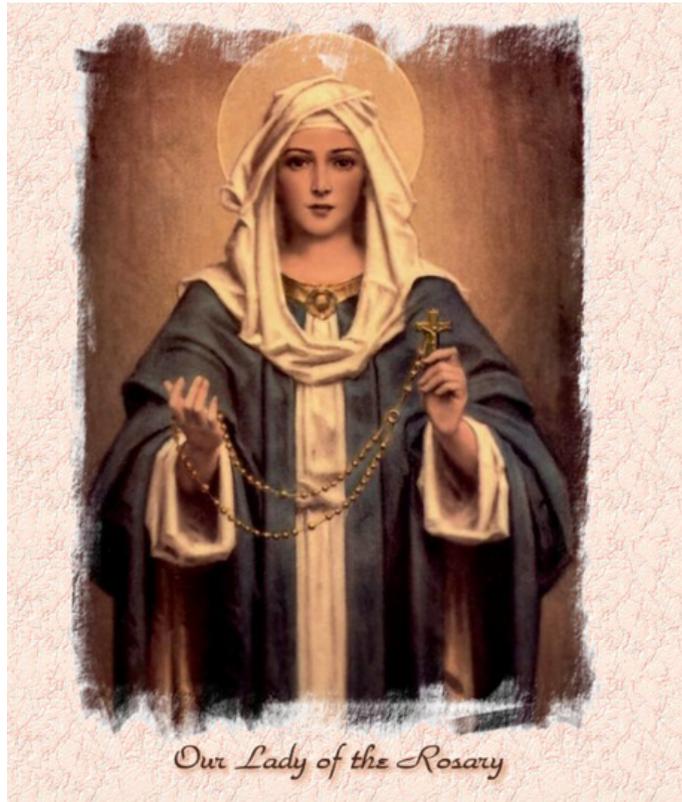
*Grant zeal with compassion  
to the missionaries  
who share the Gospel.  
Let your face shine upon them.*

*Through our Lord, Jesus Christ, Your Son,  
who lives and reigns with you  
in the unity of the Holy Spirit,  
one God forever and ever.*

*Amen*

# Our Lady of the Rosary The Story of Our Lady of the Rosary

October 7th



## World Mission Sunday October 24th

Pope Francis' message for World Mission Sunday this year reflects on the theme: **“We cannot but speak about what we have seen and heard” (Acts 4:20). He reminds us that, “as Christians, we cannot keep the Lord to ourselves,” as we “recall with gratitude all those men and women who by their testimony of life help us to renew our baptismal commitment to be generous and joyful apostles of the Gospel.”** On World Mission Sunday, we join our Holy Father in supporting his missions. As we pray and respond here at home, we share in those celebrations taking place in every parish and school throughout the world. Together, through our prayers and financial support, we bring the Lord's mercy and concrete help to the most vulnerable communities in the Pope's missions.

## Thanksgiving Long-Weekend October 9th to 11th

Father in Heaven, Creator of all and source of all goodness and love, please look kindly upon us and receive our heartfelt gratitude in this time of giving thanks.

Thank you for all the graces and blessings. You have bestowed upon us, spiritual and temporal; our faith and religious heritage. Our food and shelter, our health, the loves we have for one another, our family and friends.

Dear Father, in Your infinite generosity, please grant us continued graces and blessings throughout the coming year.

This we ask in the name of Jesus, Your Son and our Brother. Amen.



**Care for our  
Common Home**

*Lord, season after season,  
You continue to renew the face of the earth,  
"For from the greatness and beauty of created things  
Comes a corresponding perception of their Creator."<sup>1</sup>*

*Teach us, Lord,  
As members of The Catholic Women's League  
of Canada,  
To become attuned to our need to protect  
The beauty of our common home.*

*May our efforts lead us to sustain its natural order,  
So that, in the words of Pope Francis,  
Our heritage is never "deprived of physical contact with nature."<sup>2</sup>*

*Mary Ryan, Past President,  
St. Dunstan Parish Council  
Fredericton, New Brunswick*

<sup>1</sup> The Wisdom of Solomon 13:5  
<sup>2</sup> Francis, "Decline in the Quality of Human Life and the Breakdown  
of Society," *Laudato Si'*, 24 May 2015: 44. Web.



**The Canadian  
League**



Official Publication of  
The Catholic Women's League of Canada  
Volume 97/No. 3/Fall 2021

The Canadian League Fall edition

[Click here](#)

# Happy October Birthdays!

**Cathy Battisti**

**Anne Charles**

**Patricia Chua**

**Loretta Ford**

**Margot McLaughlin**

**Evelyn McSween**

**Sally Ong**

**Rosemary Whittey**

**Anna Yeung**

"Great love can change small things into great ones, and it is only love which lends value to our actions."

St. Faustina

# HOLY TRINITY PARISH CWL Executive Members

- ★ President: Roselia Moreno
- ★ Past President: Linda Sibau
- ★ Spiritual Advisor: Rev. Augustine Obiwumma
- ★ Recording secretaries: Bernadette Chapman / Nina Carpio / Dee McInnes
- ★ Treasurer: Elena Fleming
- ★ Spiritual: Nicole Tancredi / Sally Ong
- ★ Organization: Sally Matienzo / Diane Addison
- ★ Communications: Eliane Miranda
- ★ Health & Education: Monica Altamirano
- ★ Resolutions: Pat Chua
- ★ Corresponding Secretary: Kelly Bond
- ★ Christian Family Life/ProLife/Community Life: Mary Meakes / Kelly Bond



## Sharing the core values



Holy Trinity Parish CWL  
[cwl.holytrinityparish.ca](http://cwl.holytrinityparish.ca)

of faith, service and social justice with the next generations!

**"Tell your children of it, and let your children tell their children, and their children another generation." (Joel 1:3)**



**Join CWL Facebook Group**  
**click here!**

**Visit our website**  
**[cwl.holytrinityparish.ca](http://cwl.holytrinityparish.ca)**