



HOLY TRINITY CWL

ISSUE - FEBRUARY/22



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Message from CWL President:

Roselia Moreno

Dear Sister in Christ,

Happy New Year !! It is the beginning of another year and every beginning comes with infinite opportunities to be better and to be closer to God. **What are we choosing to follow this year? Do we want to follow the world or do we want to follow God?**

I have learned recently the “Two Standards” prayer or the two flags (las dos banderas) from Saint Ignacio of Loyola. The prayer invites us to ponder the good (God) and the bad (Satan) and to decide which standard we want to follow. The evil is sneaky and try to deceive us all the time, try to confuse us on who we really are and what really matters; what lead us to God and what is leading us away from God. The evil deceives me that I am my profession, my job, my financials, my status; but the real me is that I am vulnerable, my lack of security, my lack of power, where I find myself naked and the only one that can protect and help me is my God. The real me is recognizing that everything depends on God. It is such a profound prayer where I have grown to know more the real me and therefore to know my real God. God that loves me unconditionally. The prayer has helped me so much to define myself radically, that I am the beloved daughter of God and that is the only identity that is true.

I invite you to meditate in the two standards and to make your own commitment to the standard of God. Recognize who you really are and what are the deceptions of the evil, and let the Holy Spirit guide you to what comes next.

May God continue to pour his blessings that we can experience being overwhelmed by God's love.

The Month of the Holy Family

Dear sisters, these two last years have been challenging for many of us, and for me, being in touch with the church traditions and devotions had been my safe place. Since the family is the root of many things, I am bringing to you a little bit of what we could begin or continue cultivating for our family and friends for this year and for our life, I hope that we all can restore the true spirit of family life following the example of the Holy Family of Nazareth.

This month is dedicated to the Holy Family, the special devotion proposes the Holy Family as the model of virtue of all Christian household. It began in the 17th century and started almost simultaneously in Canada and France. This devotion soon spread and in 1893 Leo XIII expressed his approval of a feast under this title.

The Holy Family models for us what family life should exemplify. It is a school of virtue for both parents and children. There we find God and learn how to connect with God and with others. The family is where love is freely given without self-interest. It is where we learn to love, to pray and to practice the gift of charity.

We need to be open to God's grace to value the positive and to accept our mistakes. Parenting is a very challenging responsibility and at times errors are made despite the best intentions. Recognizing this, children should trust their parents and never forget that parents want only what is best for them.

This leads us to what may be the most important family virtue — **forgiveness**. St. Paul knew this when he told us to **“bear with and forgive one another.”** The health of our family may depend on how quickly we learn to forgive without hiding feelings of resentment.

No family can thrive and grow without constant work. Prayer together as a family will help us to intensify our closeness with each other and to learn to forgive.

Here we have some virtues that we can give especially attention to:

- **the will and effort to be of one heart and one soul in chaste love;**
- **to the disposition of devotion to one another, bearing each other's faults and forgiving each other's mistakes;**
- **to the disposition to serve one another and to subject one's own interests to the common good of the family;**
- **to the disposition to do whatever is necessary for mutual understanding and mutual appreciation.**

The modern family must again be rejuvenated and filled with the spirit of the Holy Family of Nazareth. It must recapture the spirit of faith, the spirit of subjection to the will of God. It is for this intention that we should offer our prayers and sacrifices during the month.

Consecration to the Holy Family

It's a good prayer for your family to pray every month.

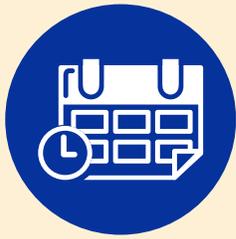
**Grant unto us, Lord Jesus,
ever to follow the example of Your holy
Family,
that in the hour of our death
Your glorious Virgin Mother
together with blessed Joseph
may come to meet us
and we may be worthily received by You
into everlasting dwellings
who lives and reigns, world without end.
Amen**

Eliane Miranda - CWL Communications
from: www.catholicculture.org

Faith

Service

Social
Justice



Holy Trinity CWL General Meeting

**FEBRUARY 7th @ 7pm
Holy Trinity Church Hall**

Special guest

We are honoured to have our Diocesan President, Barbara Renaud, in attendance. She will be presenting the proposed amendments to the Constitution and Bylaws as well as the proposed increased in membership fees.

Will be voting on these items after her presentation.

It is very important that we get as much attendance as possible for that important meeting where will be voting for the proposed changes.

Please read before meeting: [C&B amendments.docx](#)



CWL Dine-in FEBRUARY 7th

Please join us on February 7, 2022 at 7 PM for our CWL Dine-in at Holy Trinity Church Hall.

\$12 per person, collected at the door (exact change would be appreciated)

Our theme is Italian.

Menu: Lasagna, Ceasar salad garlic bread and Tiramisu dessert, tea, coffee and sparkling water.

Vegetarian option available on request.

Please RSVP dianeaddison@telus.net or leave a message at 604-986-6148

Mask are mandatory

We also ask our members to:

- Assess themselves for symptoms of COVID-19 and stay home if sick;
- Clean their hands frequently. Will have a hand sanitation station available during the meeting. Venue will be cleaned and disinfected before and after the meeting.

December 2021 General Meeting

We had a wonderful time together. Thank you for all ladies that made this possible.



Holy Trinity Christmas Seniors appreciation

CWL helped with the services below and provided take home gift bags and Matthew Kelly's book, *Life is Messy*.

Thank you for every member that give your precious time to serve.

- Seniors-shut ins-Christmas card, small gift
- Seniors breakfast on Saturday
- Seniors Christmas Dinner on Sunday



CWL Retreat 2022 - April 1 to 3

Topic: The Feminine Genius

Who is woman and who is she meant to be?

Join Sister Angela Marie Castellani, FSE, at the Holy Trinity CWL retreat, to learn more about the gift of femininity, and to grow in love and understanding of your call as a woman.

Pope St. John Paul writes that "woman has a genius all to her own, which is vitally essential to both society and the Church. Unpacking Pope St. John Paul II's teachings on dignity and vocations of women, our time together, under the guidance of Mary, our Mother, will be one of learning, sharing and prayer.

Spaces: limited to 24 participants

Location: Westminster Abbey, Mission, BC

Cost: \$170 per person for a 2-night stay, including meals

(Cost for those who wish to come an extra night and bring their own food is \$30 extra.)

Payment: due by February 28

E-transfers to nickitancredi@gmail.com

Cheques can be made to Holy Trinity CWL (please leave at church office)

Please RSVP nickitancredi@gmail.com

Mission Statement

The Catholic Women's League of Canada calls its members to grow in faith, and to witness to the love of God through ministry and service.

MEMBERSHIP



2022

2022 CWL membership dues \$30.00 are being collected at the next meeting.

You can drop off membership fee 2022 in the Parish office or

e-transfer to Diane Addison at:

dianeaddison@telus.net.



IMPORTANT DATES

- Feb 7th - CWL General Meeting
- Feb 7th - CWL Dine in
- March 4th - The World Day of Prayer
- April 1 to 3 - CWL Retreat

QUICK LINKS



CWL National Website: <https://cwl.ca/>

CWL National youtube:

<https://www.youtube.com/channel/UCu7AvXpLoMjQIIZsSaeFuSA>

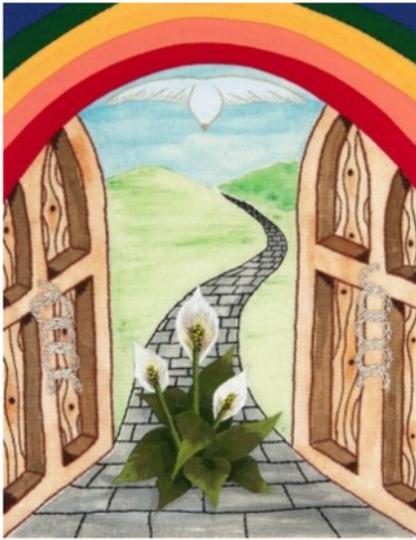
Holy Trinity CWL Website:

<https://cwl.holytrinityparish.ca/>

Bible in a year - Fr Mike Schmitz - youtube:

<https://www.youtube.com/channel/UCzUZD3iCzkHmwYkCqYn8fBw>

The World Day of Prayer (WDP) 2022



The World Day of Prayer (WDP) 2022 program which was written by women in England, Wales, and Northern Ireland **will be available on video on March 4, 2022.** The theme for 2022 is “**I Know the Plans I Have for You**” based on Jeremiah 29: 1-14. The link will be forwarded in our March newsletter. Please plan on participating and uniting in prayer with participants from across Canada.



Please pray for the intentions of

- Gina Galozo
- Terry Ryznar

10 February saints and feasts to honor and celebrate

Feb. 1st - ST. BRIGID OF IRELAND - She is a patron saint of Ireland and one of St. Patrick's disciples.

Feb. 2nd - PRESENTATION OF JESUS IN THE TEMPLE - The Church celebrates the Presentation of the Lord on February 2, marking the final “Christmas” related feast.

Feb. 3th - ST. BLAISE - He is known for the special blessing of throats that occurs on his feast.

Feb.8th - ST. JOSEPHINE BAKHITA - Sold into slavery, St. Josephine Bakhita was eventually baptized, gained her freedom and joined a religious order in Italy.

Feb.10th - ST. SCHOLASTICA -Sister of St. Benedict, St. Scholastica became the founder of the female branch of the Benedictine Order.

Feb.11th - OUR LADY OF LOURDES - Our Lady of Lourdes appeared to St. Bernadette on February 11, 1858, and millions continue to travel to Lourdes in hopes of healing.

Feb.14th - ST. VALENTINE - Known for his association with lovers, St. Valentine was a 3rd-century saint who was martyred for his Christian faith.

Feb.15th - ST. CLAUDE DE LA COLOMBIERE - St. Claude de la Colombiere was the spiritual director for St. Margaret Mary Alacoque and helped her spread devotion to the Sacred Heart of Jesus.

Feb.21th - ST. PETER DAMIAN - St. Peter Damian is highly regarded for his role in reforming religious and clergy life in the 11th century

Feb.22th- CHAIR OF ST. PETER - This feast celebrates the office of St. Peter as pope by honoring his sede (“chair”), a symbol of his teaching authority.



Congratulations to CWL members

Great Grandmother Maria Restivo, Grandmother Lina Restivo and Great Aunt Sally Matienzo on the arrival of the new addition to their family on January 4, 2022 of baby boy Rafael Jacob Pilar.



Core Purpose

Uniting Catholic women to grow in faith, and to promote social justice through service to the church, Canada and the world.

Pro-Life Corner

U.S. ex-abortionist Dr. Bernard Nathanson

faces



Canada's 'father of abortion' Dr. Henry Morgentaler

Youtube video: <https://youtu.be/nU-G5n3-ges>

Dr. Bernard Nathanson faces Henry Morgentaler in this epic showdown. Their historic face-off on Hamilton's CHCH live television show with Tom Cherington has not been published anywhere online, until now. Campaign Life Coalition is pleased to provide the complete footage.

Mother Teresa once explained this so well: “The so-called right to abortion has pitted mothers against their children and women against men. It has sown violence and discord at the heart of the most intimate human relationships.”

Pro-lifers are blessed to follow the wisdom of saints like Mother Teresa and not the lies of people like Morgentaler.

At one point in the interview 39 years ago, Nathanson candidly admitted that everything Morgentaler argued would be “absolutely correct,” if what was in a woman’s womb was not a human being.

Dr. Nathanson’s challenge about being an advocate for the preborn is as relevant today as it was 39 years ago. The preborn continue to need advocates today. And, the pro-life movement will continue to respond to God’s call to **“speak up for those who cannot speak for themselves” (Proverbs 31:9).**

**Let us be bold and daring advocates for the preborn!
For life and the family!**

NEWSLETTER SIGNUP: <https://www.campaignlifecoalition.com/>



North Shore Pro-Life

The members of the Board of the North Shore Pro-Life Society are committed to promoting and defending the right to life from conception to natural end. We are working to increase the awareness of pro-life issues among North Shore parishioners.

The Board can initiate and oversee many things but we cannot accomplish all that we would like to do without your involvement. Please consider becoming a member of the NSPLS and volunteering to help with our new initiatives or use your talents in other ways to assist in the task of promoting and defending life.

Please visit our website for more information at North Shore Pro-life (northshoreprolife.org) or email northshoreprolife@gmail.com for more details.

In Love Memory of Nancy Abaloyan



I have known Nancy Abaloyan since 2011, when Father Rey started the evening novena house to house so he could meet the parishioners being new to Holy Trinity Parish and Nancy signed up for one of the evenings .

Nancy was really an inspiration to many because of her soft spoken personality, always with a smile and with her Sunday dress every time I saw her. She was very jolly and liked to party and dance. On a trip to the Holy Land in October 2019, whether in a restaurant or on a boat, she would invite you to dance and take lots of pics of everyone.

She was very generous and always willing to help whether it was monetary or voluntary work especially during our different events at the church. She would always tell us to call or send a message to her if we needed her help.

The last time I chatted with Nancy was in November when I invited her to attend a fundraising dinner for Caritas International. She could not attend but gave money if anyone else wanted to attend, that’s how she was! I did not know that she was already in the last stage of her cancer. We visited her once in hospice and as usual she asked us to have a selfie/picture with us before we left. She was really one of the good ones from our community and will be fondly remembered I will miss her.

From: Marge Degrano

Core Values

FAITH - following Catholic teaching **SERVICE** - local, national and international **SOCIAL JUSTICE** - actively involved in society

FIRST NATIONS 101

WHAT IS THE INDIAN RESIDENTIAL SCHOOLS SETTLEMENT AGREEMENT*

*information from Wikipedia

The Government of Canada settled a class action law suit in 2006 known as the Indian Residential Schools Settlement Agreement. The \$1.9 billion compensation package was to be allocated to Canadian indigenous children who were enrolled in residential school that operated in Canada from 1879-1997. Funds were to be distributed through 5 areas:

Common Experience Payment (\$1.62B)

paid to individuals who lived at a recognized Indian Residential School. The average settlement amount was \$28,000 per student.

Independent Assessment Process (\$960m)

a settlement fund for claims of sexual abuses, serious physical abuse and other wrongful acts at an Indian Residential School. The maximum payment was \$275,000 per student.

Indian Residential Schools Truth and Reconciliation Commission (\$60m)

started in October of 2009 to document and preserve the experiences of survivors of Indian Residential Schools.

Health and Healing Services (\$350M)

an "Aboriginal-managed, national, Ottawa-based, not-for-profit private corporation to encourage and support community-based Aboriginal directed healing initiatives which address the legacy of physical and sexual abuse suffered in Canada's Indian Residential School System.

Commemoration Fund (\$20M)

for commemoration projects

Linda Sibau- CWL Past President

Happy Birthdays!

JANUARY

Bahareh Fakhr
Liliana Garau
Maureen Hickey
Mena Parente
Sr. Holy Raholisoa
Valerie Remedios
Ivy Remoreras

FEBRUARY

Diane Addison
Giuseppina Ciambrelli
Clarita David
Marge Degrano
Sharon Horner
Jeannie Meier-Heaney
Cristina Newman-Drego

Maria Petraroia
Michelle Podgurski
Maria Restivo
Concetta Signorelli
Maureen Topley
Teresa Wimberley
Bernice Cober

If someone is missing, please send email to elianests@me.com with name and date of birthday. Thank you.

HOLY TRINITY CWL SCHOLARSHIP



The CWL has had a long history of supporting Catholic Education and in particular the graduating students from St. Thomas Aquinas High School. In 2005 a scholarship was developed, firstly by the six CWL North Shore councils, then in 2013 with our own Holy Trinity CWL Scholarship.

The award is presented yearly at the STA commencement ceremony. Past recipients are:

2005 Sarah Barrett

2006 Kristen Ferma

2007 Stephanie Gordo

2008 Dayle Gill

2009 Andrew Maledy

2010 Teague Carvalho

2011 Christelle Keong

2012 Angelica Curtis

2013 Vincent Plana

2014 Kristin Hutton

2015 Lily Moric

2016 Emilia Benavides

2017 Madeline LaBreche

2018 Maria Altamirano

2019 Olivia Thorpe

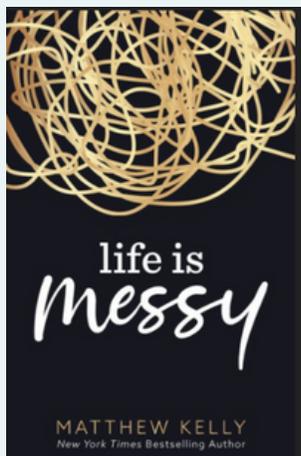
2020 Isabella Cesareo

2021 Ella Kennedy



HOLY TRINITY PARISH CWL
For God and Canada

Linda Sibau - CWL Past President



Time to share

This is a new space for us where you can: Share your thoughts. Share your news. Share your story with the CWL and etc.

Our first time to share will be:

Did you read the book Life is messy?

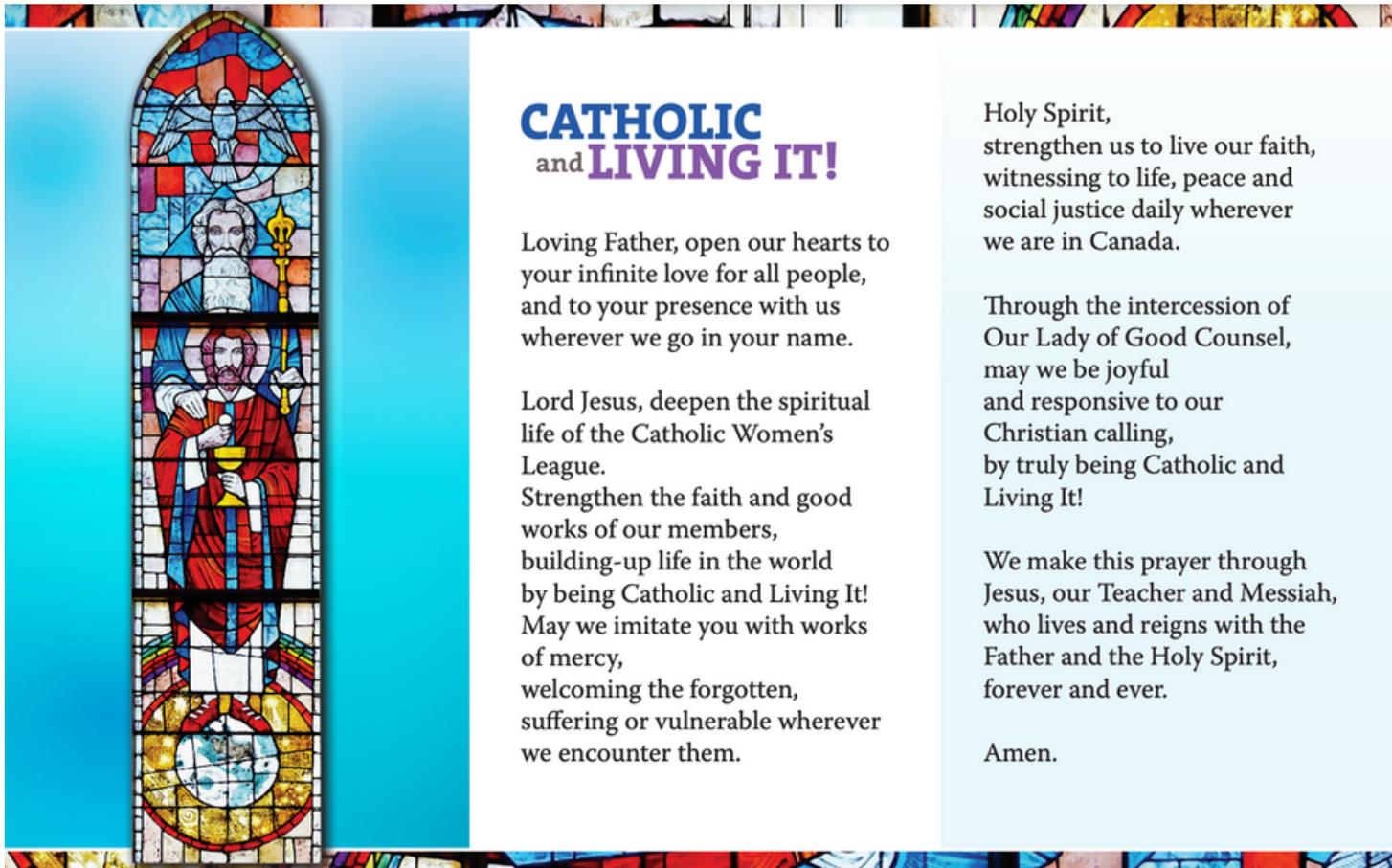
What do you think?

Share your thoughts with us!

Send to: Communications - elianests@me.com



New CWL Theme: Catholic and Living it !



CATHOLIC and LIVING IT!

Loving Father, open our hearts to your infinite love for all people, and to your presence with us wherever we go in your name.

Lord Jesus, deepen the spiritual life of the Catholic Women's League.
Strengthen the faith and good works of our members, building-up life in the world by being Catholic and Living It! May we imitate you with works of mercy, welcoming the forgotten, suffering or vulnerable wherever we encounter them.

Holy Spirit, strengthen us to live our faith, witnessing to life, peace and social justice daily wherever we are in Canada.

Through the intercession of Our Lady of Good Counsel, may we be joyful and responsive to our Christian calling, by truly being Catholic and Living It!

We make this prayer through Jesus, our Teacher and Messiah, who lives and reigns with the Father and the Holy Spirit, forever and ever.

Amen.

CONTACT INFO

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Sharing the core values

of faith, service and social justice with the next generations!

"Tell your children of it, and let your children tell their children, and their children another generation." (Joel 1:3)



Holy Trinity Parish CWL
cwl.holytrinityparish.ca



Join CWL Facebook Group
[click here!](#)

Visit our website
cwl.holytrinityparish.ca