



# HOLY TRINITY

# CWL

ISSUE APRIL/23



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## MESSAGE FROM CWL PRESIDENT:

**NINA G. CARPIO**

Dear Sisters in Christ,

The past month has been filled with wonderful highlights that brought meaning to our Lenten journey.

The **40 Days for Life vigil** we had near the BC Women's and Children's hospital was a very humbling experience. On a cold wet Saturday, we braved the weather as we prayed the rosary while we walked up and down the streets, holding up our posters with pro-life slogans. There were a few who showed their support by honking their horns as they passed us by, but we also got our fair share of opposing hand gestures. This made us all the more aware of how important it is to be more visible and active, to ensure our faith serves as a beacon of light to others.

Our weekly **Soup and Silence** reflection moments were very well attended by many of our members and parishioners along with Fr. Lucio and the sisters. The soothing Gregorian chants as well as other instrumental Catholic music provided an environment of peace and serenity to connect with our Lord, after which most of us went up to the Church to join Father Lucio in praying the Stations of the Cross.

Our beautiful **CWL Lenten Retreat** at Westminster Abbey was led by our very own former pastor Fr. James Comey, who shared with us the rich Catholic history, practices and prayers by those of Celtic heritage, their Saints, as well as the many holy places and prayers in Ireland, Scotland, and Wales, where many devout believers professed their love for Christ and all his creation.

This April, being our second month into the Lenten season, brings our focus on the Holy Spirit. To activate the gifts we had received through Confirmation, we must make use of them wisely, lest they remain dormant. The gifts of wisdom, understanding, knowledge, good counsel, courage, piety, and fear of the Lord, all pave the way for us in doing God's will and experiencing the many blessings derived from the fruits they produce in our lives and in those we love. The Holy Spirit empowers us, enlightens our minds and strengthens our will which allows us to do more than we can ever imagine we were capable of. As Christians, we are called to be in the world, but not be of this world. Let us allow the Holy Spirit to work in us and guide us, so that we may be able to stand up against, and not be swept away ourselves, and protect our children from the evil ideologies and practices that oppose God's truth such as euthanasia, abortion, sodomy, transgender mutilation, and many more.

"IF YOU LOVE ME, KEEP MY COMMANDS. AND I WILL ASK THE FATHER, AND HE WILL GIVE YOU ANOTHER ADVOCATE TO HELP YOU AND BE WITH YOU FOREVER- THE SPIRIT OF TRUTH. THE WORLD CANNOT ACCEPT HIM, BECAUSE IT NEITHER SEES HIM NOR KNOWS HIM. BUT YOU KNOW HIM, FOR HE LIVES WITH YOU AND WILL BE IN YOU." JOHN 14:15-17

## APRIL- MONTH IS DEDICATED TO THE HOLY SPIRITY

This month is dedicated to the Holy Spirit. To believe in the Holy Spirit is to profess that the Holy Spirit is one of the persons of the Holy Trinity, consubstantial with the Father and the Son: "with the Father and the Son he is worshipped and glorified." (Catechism of the Catholic Church)

**The Holy Spirit is the Person of Love in the life of God. He is also like a breath, an aspiration of infinite Love, from which we draw the breath of life.**

On the day of Pentecost the Divine Spirit communicated such an abundance of life to the whole Church that to symbolize it "there came a sound from heaven, as of a violent wind coming, and it filled the whole house where they (the Apostles) were sitting."

But it is also for us that the Holy Spirit has come, for the group in the Cenacle represented the whole Church. The Holy Spirit came to remain with the Church forever. This is the promise of Jesus Himself. He dwells in the Church permanently and unfailingly, performing in it without ceasing His action of life-giving and sanctification. He establishes the Church infallibly in the truth. It is He Who makes the Church blossom forth with a marvelous supernatural fruitfulness, for He brings to life and full fruition in Virgins, Martyrs, and Confessors those heroic virtues which are one of the marks of true sanctity.  
(The Mysteries of the Rosary, Dom Columba Marmion, O.S.B.)

**One of the most widely used hymns in the Church, Veni, Creator Spiritus, is attributed to Rabanus Maurus; (776-856). It is used at Vespers, Pentecost, Dedication of a Church, Confirmation, and Holy Orders and whenever the Holy Spirit is solemnly invoked. A partial indulgence is granted to the faithful who recite it. A plenary indulgence is granted if it is recited on January 1st or on the feast of Pentecost.**

Come, Holy Spirit, Creator blest, and in our souls take up Thy rest; come with Thy grace and heavenly aid to fill the hearts which Thou hast made.

O comforter, to Thee we cry, O heavenly gift of God Most High, O fount of life and fire of love, and sweet anointing from above.

Thou in Thy sevenfold gifts are known; Thou, finger of God's hand we own; Thou, promise of the Father, Thou Who dost the tongue with power imbue.

Kindle our sense from above, and make our hearts o'erflow with love; with patience firm and virtue high the weakness of our flesh supply.

Far from us drive the foe we dread, and grant us Thy peace instead; so shall we not, with Thee for guide, turn from the path of life aside.

Oh, may Thy grace on us bestow the Father and the Son to know; and Thee, through endless times confessed, of both the eternal Spirit blest.

Now to the Father and the Son, Who rose from death, be glory given, with Thou, O Holy Comforter, henceforth by all in earth and heaven. Amen.

### THE HOLY FATHER'S INTENTIONS FOR THE MONTH OF APRIL 2023

#### For a culture of peace and non-violence:

We pray for the spread of peace and non-violence, by decreasing the use of weapons by States and citizens.



# HT CWL GENERAL MEETING

APRIL 3RD

HOLY TRINITY PARISH HALL @7:00 PM

ALL WOMEN ARE INVITED TO ATTEND

**SPECIAL PRAYER BY SISTER MARGARET  
AND AN EASTER EGG DECORATING ACTIVITY**  
INVITE A FRIEND AND HELP BUILD COMMUNITY.

## MARCH 2023 GENERAL MEETING



Thiago Camargo, Respite Manager for the Men's Shelter gave a moving and convincing presentation at our March general meeting. His statistics for the homeless count in the lower mainland (over 8,000) those who were addicted to substance or alcohol (60%) as well as those who struggle from hospital admission to respite care then back onto the streets were staggering.

**For those of you who were not able to attend, consider taking a moment to view the Youtube video that is his vision for a solution to some of the homeless, addicted individuals in the lower mainland, primarily those he ministers to in the Downtown East Side.**

[Institutional Fazenda da Esperança - YouTube](#)

## HUG BAGS ARE BACK

### HUG PROJECT-Helping/Understanding/Giving

Some of you may remember the project undertaken by the National CWL in April 2019 in anticipation of the 100th anniversary of the league in 2020. The goal was to donate 2019 packages to women's shelters (for women & children who seek refuge from abuse). Donations included toiletries as well as pj's, slippers and diapers.

When the storage room at the parish hall was cleaned, 18 clear, plastic gift bags were found and our goal is to fill them with toiletries (shampoo, conditioner, deodorant, body wash/soap) and donate them to the North Shore Crisis Society. If you care to fill a gift bag, either pick one up at the April meeting or contact Linda at: [htcwlpres@gmail.com](mailto:htcwlpres@gmail.com) and she can drop one off to you. All bags should be filled and returned at the May general meeting. The items will be donated to the North Shore Crisis Services Society - 154 West 3rd Street. This organization provides safe and secure shelter to abused women and their children; offers support services for women and children experiencing violence; aims to foster self-esteem and self determination, and work towards ending abuse through education and public awareness. You can read more about this organization at their website: About Us - North Shore Crisis Services Society ([nscss.net](http://nscss.net))

May is the month of Mary so what could be more appropriate than making a donation to an organization that helps women and children.

FAITH

SERVICE

SOCIAL  
JUSTICE



## CWL TO HOST COFFEE ON EASTER SUNDAY

The CWL has the pleasure to host coffee after the 10:30 am Mass on Easter Sunday.

Any members who would like to contribute food for the occasion are invited to drop off their donation to Sally & Linda in the church hall kitchen before the Mass.

Anyone interested in lending a helping hand, come to the kitchen after Mass and help us keep the coffee flowing. No need to sign up.

Your participation will help make our Easter celebration special.

## HEARTS ON FIRE IGNATIAN WEEKEND RETREAT, APRIL 28-30, NANAIMO, BC

For more information and to register:

<https://bethlehemcentre.secure.retreat.guru/program/hearts-on-fire-ignatian-retreat-spring-2023/>

For questions about logistics, please contact Karley in Guest Services: [guestservices@bethlehemcentre.com](mailto:guestservices@bethlehemcentre.com)



Dear Daisy Gagne,

The Holy Trinity CWL would like to extend our warmest congratulations and blessings to you on your 100th birthday. What an incredible milestone you have reached! We give thanks to God for the gift of your life, and for all the wonderful things you have accomplished over the past century.

You have lived a life guided by faith, and have no doubt experienced both joy and hardship along the way. Through it all, you have remained steadfast in your devotion to God, and have served as an inspiration to those around you.

We pray that God will continue to bless you with health, happiness, and spiritual fulfillment in the years to come.

May your 100th birthday be a joyous celebration of a life well-lived, and may God's grace continue to shine upon you.

With warmest regards,

Holy Trinity CWL

## KEY DAYS IN APRIL

- 2 – PALM SUNDAY OF THE LORD'S PASSION
- 6 – Holy Thursday
- 7 – Good Friday of the Lord's Passion
- 9 – EASTER SUNDAY OF THE RESURRECTION OF THE LORD
- 16 – SUNDAY OF DIVINE MERCY
- 30 – GOOD SHEPHERD SUNDAY



Gina Galozo is a long-standing member of our Holy Trinity CWL. She is in need of our support.

If you would like to volunteer in preparing a meal, please click on the link below and Sign up to deliver a meal, you will find the dates and address information there.

<https://www.mealtrain.com/train/s/vlq8vg>

## 2023 CWL MEMBERSHIP FEES

**Annual CWL membership fees for 2023 are now due and payable at our next CWL General Meeting on Monday, APRIL 3RD, 2023.**

If you prefer payment can be e-transferred to [dianeaddison@telus.net](mailto:dianeaddison@telus.net) or place in the Sunday collection. Please have envelope addressed CWL Membership. Dues can also be dropped off at HT Church office. Please make cheques payable to Holy Trinity CWL.

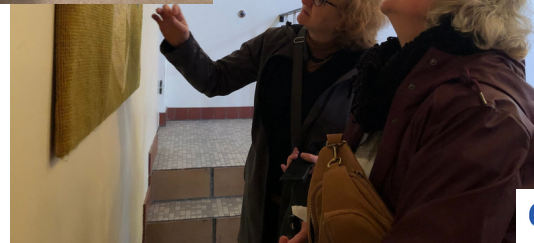
**New Membership Fees is \$43.00**

## Mission Statement

The Catholic Women's League of Canada calls its members to grow in faith, and to witness to the love of God through ministry and service.



## 2023 CWL RETREAT



**CATHOLIC**  
and **LIVING IT!**

The Mar 24- Mar 26 Westminster Abbey in Mission retreat was a new experience and a brief glimpse into the Benedictine way of life. Our stay included a comfortable room with a private bathroom. Meals were savoury and regular.

Throughout the weekend, Father Comey gave talks on women and the Celtic traditions that they contributed to the church. Several spiritual songs and poems, with soothing rhythms gleaned from the sea, were read aloud.

The beauty of the Abbey, combined with the light effects from the beautiful stained glass and the sounds of the vespers were quite transfixing. A furtive glimpse of one of Fr. Dustan Massey's murals through a door crack into the monastery, was, as Father Mark said, a bite of the forbidden fruit. Amazing what beauty a group of dedicated and disciplined men have created to glorify our Lord.

Elena Fleming - HT CWL Treasurer

# CWL VANCOUVER DIOCESAN CONVENTION

**Thursday, May 4 – Saturday, May 6, 2023**

Christ the Redeemer Parish

595 Keith Road

West Vancouver

Cost: \$30, excluding meals

**ON-LINE REGISTRATION AT:**

<https://vancouvercwl.ca/events/98-annual-vancouver-diocesan-convention/>

**> REGISTER NOW**



## CONVENTION TIMELINE

Thursday, May 4: 1:30 pm – 8:00 pm (Optional social to follow)

Friday, May 5: 8:30 am – 4:50 pm (Optional social to follow)

Saturday, May 6: 8:30 am – 3:40 pm (Optional social to follow 5 pm Mass)

## MASSES

Thursday, May 4–7 pm Archbishop Miller celebrant–Procession of parish Council presidents & banners

Friday, May 5 – 11:30 am Father Zidago celebrant, Reinstallation of the Diocesan Executive

Saturday, May 6 – 5 pm Msrg Smith celebrant, Father Hughes to present Homily

## MEALS

### Thursday, May 4

Dinner – 5 pm – Pizza–\$20

Wine & Cheese social after Mass–complimentary

### Friday, May 5 – Spiritual Advisor Luncheon in gym

Lunch – Subway sandwiches, cookie & chips–\$15

Dinner– 5 pm – Cold, cooked sushi, noodles, dumplings–\$20

Entertainment: O'Connor Irish Dance group

### Saturday, May 6

Lunch–Subway sandwiches, cookie & chips–\$15

Banquet – 7:00 pm catered by “A Movable Feast”–\$60

## SPEAKERS & PRESENTATIONS

### Thursday, May 4

3:00 pm – Legislation Presentation

4:00 pm – Pre-convention meeting for all Parish Council Presidents

4:00 pm –Deacon Steve Whan

### Friday, May 5

8:30 am – Business meeting

9:30 am – Fran Lucas – Catholic and Living It

10:15 am – Sharon Geiger – Embracing Christ in Everyone

10:30 am – Region 1, 2 & 3 Highlights

10:45 am – Angela Von Werder from CHARM

1:30 pm –Diocesan Reports

2:00 pm – Sharon Geiger will present a workshop “Unity Outreach Program” for all council presidents in the McCarthy room

2:00 pm – Angelina Stiglich will present a workshop

3:00 pm – Roxanne McDonald will present a workshop

3:45 pm–Diocesan Reports & Region 4, 5 & 6 Highlights

### Saturday, May 6

8:30 am – Business Meetings begin

10:00 am – Sheila Early – Forensics about sexual assaults

11:00 am – Diocesan Reports

11:15 am – Sister John Mary Sullivan – Momentum

1:00 pm – Catholic Cemeteries

1:15 pm – Alissa Golob – Right Now

2:40 pm – Jean-Paul de Fleuriot – Hearing the Call of God

3:30 pm – Diocesan reports

3:40 pm – Convention adjourned



## Core Values

**FAITH** – following Catholic teaching

**SERVICE** – local, national and international

**SOCIAL JUSTICE** – actively involved in society

## MEET OUR COMMUNITY

### Do you know ANNA CHUTKA?

Anna is a “prairie girl” at heart, having been born in southern Saskatchewan over 99 years ago! She was raised in a rural community, the second of six children, three girls and three boys. Canadian rural family life for a girl in the 1920’s pretty much insured a talent and love for Anna’s favourite pass-times, drawing and painting, sewing, baking, gardening and lots of reading. Her favourite reading material is religious and health related.



As a child Anna recalls going to her local parish church for Catechism day camp for a week each summer. That was where she learned most about her faith and where she developed her love for God and His Church. Anna met her husband of 58 years in Saskatoon through her parish priest. They were married in her groom’s home parish in Winnipeg. The couple moved to North Vancouver in the 1950’s, first attending St. Edmund’s parish, close to their Keith Road home. Anna became a member of the St. Edmund’s Women’s Auxiliary before moving to her present home and transferring to Holy Trinity parish. She joined the Holy Trinity Women’s Auxiliary in the 1960’s and, later, the Holy Trinity CWL. Four of Anna’s five children (four sons and one daughter) went through Holy Trinity Elementary school, while the eldest transferred from St. Edmund’s School just for grade seven.

Anna has many happy memories of Holy Trinity parish community life. She recalls sewing the drapes for the church hall, making sandwiches for the homeless, baking for funeral receptions, working on food and clothing drives and collecting furnishings and diapers for babies. A vivid memory is of the big white pails which some of the men of the parish collected from local restaurants. The pails were nearly empty, but some of the food would be left inside. The ladies would scrape out the remaining food (peanut butter or jam or beans, etc.) and repackage it to be distributed to the needy.

Anna has a strong faith and a deep devotion to the rosary and St. Theresa of the Child Jesus, to whom she was introduced by the Sisters at St. Edmund’s. She believes that helping others is a great motivation for belonging, developing community and the making of life-long friendships. Anna says:

***“Kindness and hospitality are so important.  
We are meant to live in community, reaching out to one another.  
Getting old is not easy, but friends and family mean so much.  
My advice is to be open to helping others, and sometimes letting them help you.”***

## PRAYER OF HIS HOLINESS POPE FRANCIS TO MARY

O Mary,  
You shine continuously on our  
journey  
as a sign of salvation and  
hope.  
We entrust ourselves to you,  
Health of the Sick,  
who, at the foot of the cross,  
were united with Jesus’  
suffering,  
and persevered in your faith.

“Protectress of the Roman  
people”,  
you know our needs,  
and we know that you will  
provide,  
so that, as at Cana in Galilee,  
joy and celebration may return  
after this time of trial.

Help us, Mother of Divine Love,  
to conform ourselves to the will  
of the Father  
and to do what Jesus tells us.  
For he took upon himself our  
suffering,  
and burdened himself with our  
sorrows  
to bring us, through the cross,  
to the joy of the Resurrection.  
Amen.

We fly to your protection,  
O Holy Mother of God;  
Do not despise our petitions  
in our necessities,  
but deliver us always  
from every danger,  
O Glorious and Blessed Virgin.



### Please pray for the intentions of

- For the 6 people (3 children and 3 adults who recently were killed in the school shooting in Tennessee)
- Pope Francis

## Core Purpose

Uniting Catholic women to grow in faith, and to promote social justice through service to the church, Canada and the world.



## Pro-life Corner



We invite you to join us again for the March for Life in Victoria, BC! This year, we are returning to the front lawn of the BC Parliament Buildings which are home to the Legislative Assembly on **May 11th**.

Together let's make the pro-life movement visible! During the week of May 8 – 12, make homemade signs to hang in your window, garage door, or fence, draw with sidewalk chalk, paint on your front windows, get creative! Take every opportunity to talk to your neighbours about why you are doing this.

More information contact **Nicole Tancredi** at [nickitancredi@gmail.com](mailto:nickitancredi@gmail.com) or 778-886-3340.

### Thursday, May 11, 2023



#### 12 PM PST: Catholic Mass

St. Andrew's Roman Catholic Cathedral  
740 View Street, Victoria, BC



#### 12 PM PST: Protestant Prayer Service

Central Baptist Church  
833 Pandora Avenue, Victoria, BC



#### 1:45 PM PDT: March leaves from Centennial Square and processes down Government Street to BC Legislature

1 Centennial Square, Victoria, BC



#### 2:15 PM PDT: Rally commences

BC Legislature  
501 Belleville Street, Victoria, BC



The members of the Board of the North Shore Pro-Life Society are committed to promoting and defending the right to life from conception to natural end. **We are working to increase the awareness of pro-life issues among North Shore parishioners**

Please visit our website for more information at North Shore Pro-life ([northshoreprolife.org](http://northshoreprolife.org)) or email [northshoreprolife@gmail.com](mailto:northshoreprolife@gmail.com) for more details.

## Happy April Birthdays!

Jean Galozo

Theresa Geraldez

Tess Hanlon-Mcmillan

Pat Heaney

Rita Johnson

Eliane Miranda

Linda Sibau

Diane Thow

Blanche Zastre

If someone is missing, please send email to [elianests@me.com](mailto:elianests@me.com) with name and date of birthday. Thank you.



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