



HOLY TRINITY

CWL

ISSUE MARCH/23



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MESSAGE FROM CWL PRESIDENT:

NINA G. CARPIO

Are you searching for more ways to make this penitential season of Lent more meaningful for you and your family? Here are a few suggestions:

Come and reflect on scripture and spend quiet time listening to Jesus at the HT Church hall, through our weekly **Soup and Silence** sessions **every Friday evening**. It will surely inspire, comfort your spirit and give you peace.

Answer God's call to action to perform spiritual and corporal works of mercy in service of others:

-Join the **40 days for Life** peaceful vigil for an hour from 11am-4pm on March 4th, to pray the rosary and fast to end of abortion. Contact mlmeakes@telus.net or northshoreprolife@gmail.com to sign up.

-Attend our next General Assembly at HT Church Hall at 7pm on March 6th to learn more about the **Catholic Charities of the Archdiocese of Vancouver - Men's Shelter** and its future plans to provide shelter, food and supportive services for men struggling with homelessness.

-Provide inputs to the online **Survey to Deepen our Relationships with our Indigenous members**, by March 31st. This information will enable our national officers and Indigenous members recommend supports and resources that will encourage Indigenous members to participate and take on leadership roles in League activities and projects. Click on the Link: <https://surveymonkey.com/r/CWLIndigenousSurvey>.

Whichever way you decide to spend this Lenten journey along with prayer, fasting, and almsgiving, know that He will be with you every step of the way to strengthen and inspire you. Let us all together respond just like His disciples did with great love, and share in His mission for the salvation of the world.

May the blessing of the risen Lord accompany all of us on our journey towards the light of Easter.

"PUT ON THEN, AS GOD'S CHOSEN ONES, HOLY AND BELOVED, COMPASSIONATE HEARTS, KINDNESS, HUMILITY, MEEKNESS, AND PATIENCE... AND ABOVE ALL THESE PUT ON LOVE, WHICH BINDS EVERYTHING TOGETHER IN PERFECT HARMONY" - COLOSSIANS 3:12

MARCH - MONTH IS DEDICATED TO ST. JOSEPH

The Church encourages us to be devoted to Joseph because he was a model in the heroic practice of all the virtues. The example of virtuous living that he gave in the exact fulfillment of the duties of his state of life is worthy of our reflection.

Read the gospel and you will see his faith, hope and charity practiced under trying circumstances. He was prudent in caring for his wife and the child; he showed great leadership in protecting them and assisting them. He was religious in every sense, with that delicacy and sincerity of conscience that is proper to the saints of God.

He was just in his dealings with God and man. He was conspicuous for his fortitude and courage. He was truly outstanding in the practice of virginal chastity. More: he protected and defended Mary's virtue in the time of courtship and all during their life together. They had made a promise of chastity, and because they were resolved to live it for God they were blessed above all others. While Mary inspired him to practice this virtue perfectly, he, as a real man, understood the profound meaning of her inspiration and how it came from a heart that was steeped in the love of God.

Time and again the Church has made it clear that Joseph is not a saint for only a certain number of souls, but that he can help all men.

Excerpted from St. Joseph: a Theological Introduction by Michael D. Griffin, O.C.D.

Prayer to St. Joseph

Oh St. Joseph whose protection is so great,
so strong, so prompt before the Throne of
God, I place in you all my interests and
desires.

Oh St. Joseph do assist me by your powerful
intercession and obtain for me from your
Divine Son all spiritual blessings through
Jesus Christ, Our Lord; so that having
engaged here below your Heavenly power I
may offer my Thanksgiving and Homage to
the most Loving of Fathers.

Oh St. Joseph, I never weary contemplating
you and Jesus asleep in your arms. I dare
not approach while He reposes near your
heart.

Press Him in my name and kiss His fine
Head for me, and ask Him to return the kiss
when I draw my dying breath.

St. Joseph, Patron of departing souls, pray
for us. Amen

**"Of all the people I have known with a true devotion and particular veneration for St. Joseph, not one has failed to advance in virtue; he helps those who turn to him to make real progress. For several years now, I believe, I have always made some request to him on his feast day, and it was always been granted; and when my request is not quite what it ought to be, he puts it right for my greater benefit."—
St. Teresa of Avila**

THE HOLY FATHER'S INTENTIONS FOR THE MONTH OF MARCH 2023

For victims of abuse:

We pray for those who have suffered harm from members of the Church; may they find within the Church herself a concrete response to their pain and suffering.

Eliane Miranda - CWL Communications
Excerpted from <https://www.catholicculture.org/>

CWL POTLUCK DINNER, GENERAL MEETING & BINGO NIGHT

A heartfelt thank you to all the amazing volunteers for our February 6 "Potluck Dinner & Bingo" night, including:

Mira for the beautiful table set up
Diane & Sally for their warm smiles at the membership desk
Sister Margaret for the background music
Bernadette Chapman & Veronica Bernier for their wonderful penmanship so everyone knew what they were eating
Anne Beresford who kept the hot food hot and safe in the kitchen
Dee McInnes for spearheading the post dinner recycling
Sally & Diane, Dee McInnes, Mary Meakes & Clarita David who kindly stepped in to do kitchen clean up and all the amazing, kind and thoughtful women who helped them
Nicole for her "purse scavenger hunt"
Nina & Nicole for their teamwork in calling out the Bingo numbers
Mylene for her lovely "Bingo" prizes
Nina as always to keep us on track
Sister Minerva for spearheading the hall clean up along with the generous women who helped her



And a massive "thank you" to all the ladies who attended and shared their wonderful home-made cooking for all to enjoy. Many compliments were paid and received for your delicious contributions to the evening.

Lastly, congratulations to our Bingo winners, Sally Matienzo, Yolanda Newman, Cathy Battisti & Veronica Bernier.



SOUP & SILENCE 2023

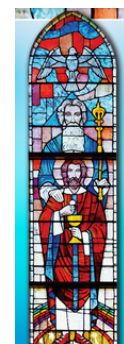
Soup & Silence
2023

This is a space to have a simple meal in silence to reflect and enter into the Lenten season, accompanying Jesus as he approaches his Passion.

Every Friday
During Lent
(Feb 24, March 3, 10, 17, 24, 31).

6:00-6:30 pm
Before Stations of the Cross
at HT Parish Hall

 Holy Trinity CWL



CATHOLIC
and **LIVING IT!**

FAITH

SERVICE

SOCIAL
JUSTICE



HT CWL GENERAL MEETING

MARCH 6TH

HOLY TRINITY PARISH HALL @7:00 PM

ALL WOMEN ARE INVITED TO ATTEND

**OUR GUEST SPEAKER IS THIAGO CAMARGO
MEDICAL RESPITE MANAGER, MRP-CCMS, FROM THE MEN'S SHELTER. THIS IS THE ORGANIZATION
THAT THE PARISH MONTHLY THURSDAY FOOD COLLECTION IS FOR.
INVITE A FRIEND AND HELP BUILD COMMUNITY.**

CWL SISTER'S APPRECIATION DINNER 2023



KEY DAYS IN MARCH

- 3. Katharine Drexel (USA), Opt. Mem.
- 4. Casimir of Poland, Opt. Mem.
- **5. SECOND SUNDAY OF LENT, Sunday**
- 7. Perpetua and Felicity, Opt. Mem.
- 8. John of God, Opt. Mem.
- 9. Frances of Rome, Opt. Mem.
- **12. THIRD SUNDAY OF LENT, Sunday**
- 17. Patrick, Opt. Mem.
- 18. Cyril of Jerusalem, Opt. Mem.
- **19. FOURTH SUNDAY OF LENT, Sunday**
- **20. JOSEPH, SPOUSE OF MARY, Solemnity**
- 23. Turibius of Mogrovejo, Opt. Mem.
- **25. ANNUNCIATION OF THE LORD, Solemnity**
- **26. FIFTH SUNDAY OF LENT, Sunday**

Mission Statement

The Catholic Women's League of Canada calls its members to grow in faith, and to witness to the love of God through ministry and service.

CWL VANCOUVER DIOCESAN CONVENTION

Thursday, May 4 – Saturday, May 6, 2023

Christ the Redeemer Parish, West Vancouver

Registration dates: March 12–April 20

Thursday, May 4

2:00 pm – registration, 3 pm Resolution Dialogue, 4 pm Pre-convention meeting with all parish presidents, Life Members & Diocesan Executive
5 pm Mass followed by Wine & Cheese party

Friday, May 5

7:15 am – registration begins

8:30 am – convention starts

Mass at 12 noon

Afternoon & evening agenda to be announced

Saturday, May 6

7:15 am – registration begins

8:30 am – convention starts

Spiritual Advisor luncheon

Afternoon agenda to be announced

7:00 pm – Mass celebrated by Archbishop Miller followed by banquet

Our CWL council has been asked to donate 10 door prizes, value of between \$10–15. If you have an item that could be used as a door prize for the convention, please contact Linda at: htcwlpres@gmail.com

We encourage all our members to consider attending the Convention as it is a wonderful opportunity to meet and network with other Catholic women.

HEART TO HEART WEBINARS

3 free online workshops that the National Catholic Women's League will be hosting in the coming weeks! You may take a look and read about what insightful presentations will be offered and register to join so you do not miss out:

Growing in Faith (Sat, March 18, 1:00 PM – 2:00 PM CST)

Act Justly, Love Tenderly, Walk Humbly (Tue, March 28, 1:00 PM – 2:00 PM CST): <https://attendee.gotowebinar.com/register/911720967579322965>

Who Me? A Leader? (Sat, April 15, 1:00 PM – 2:00 PM CST):
<https://attendee.gotowebinar.com/regi.../1731296934923758172>



Please pray for the intentions of

- Elda Bodnaruk
- Gina Galozo
- Terry Ryznar
- Tony Pacis
- Milette Pena



Gina Galozo is a long-standing member of our Holy Trinity CWL. She is in need of our support.

If you would like to volunteer in preparing a meal, please click on the link below and Sign up to deliver a meal, you will find the dates and address information there.

<https://www.mealtrain.com/trains/vlq8vg>

Core Values

FAITH – following Catholic teaching

SERVICE – local, national and international

SOCIAL JUSTICE – actively involved in society

MEET OUR COMMUNITY



Do you know RITA SHAKESPEARE?

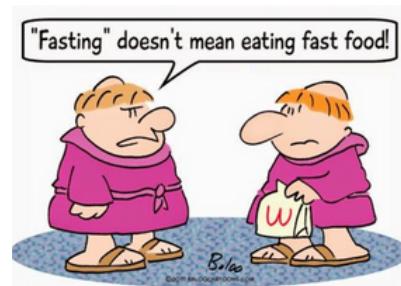
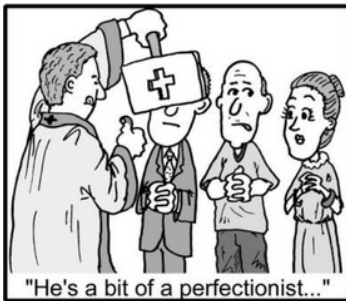
Rita has been a CWL for more years than she can remember. She acted as CWL president for two consecutive terms from 2008-2010 and 2010-2012. She also served as treasurer, membership convener and worked on countless funerals with Cecile Van Ness. Together with Cecile, Rita introduced the "Garden Mass" which was a huge success for many years with attendance easily hitting over 80! It has also been her pleasure to meet some remarkable women!

Rita says: "May God bless you all"

LENT RESOURCES



BE HAPPY



2023 CWL MEMBERSHIP FEES

Annual CWL membership fees for 2023 are now due and payable at our next CWL General Meeting on Monday, MARCH 6th, 2023.

If you prefer payment can be e-transferred to dianeaddison@telus.net or place in the Sunday collection. Please have envelope addressed CWL Membership . Dues can also be dropped off at HT Church office. Please make cheques payable to Holy Trinity CWL.

New Membership Fees is \$43.00

Core Purpose

Uniting Catholic women to grow in faith, and to promote social justice through service to the church, Canada and the world.

Pro-life Corner

The monthly **PRO-LIFE MASS** held at various parishes in the Archdiocese will be here on the North Shore on **Saturday, March 4.**

The Mass will be **at 9am at St. Anthony's Parish in West Vancouver, 2374 Inglewood Ave.** North Shore Pro-life Society encourages you to attend this Mass and would also like to offer you the opportunity following the Mass to participate in the annual 40 Days for life Lenten campaign from 11am to 3pm on Willow Street at West 32nd Ave in Vancouver.

This time on Saturday March 4 was selected by Holy Trinity Parish to witness to the value of human life. Everyone is welcome to attend and if you are able to join us we would appreciate it if you would register for a time slot by contacting NSPL Board Member Mary Meakes at mlmeakes@telus.net or at northshoreprolife@gmail.com

Please join us in any or all of these opportunities to witness and pray for all life, from conception to its natural end.



NORTH SHORE PRO-LIFE

The members of the Board of the North Shore Pro-Life Society are committed to promoting and defending the right to life from conception to natural end. We are working to increase the awareness of pro-life issues among North Shore parishioners

Please visit our website for more information at North Shore Pro-life (northshoreprolife.org) or email northshoreprolife@gmail.com for more details.

Happy March Birthdays!

Christine Barnowski
Teresa Bobrowska
Mira Borejszo
Bernadette Chapman
Katherine Chapman
Marlene Conlin
Terry King

Sally Matienzo
Dee McInnes
Roselia Moreno
Sr. Honorine Ramanandraibe
Terry Ryznar
Rosanna Van Buekenhout



If someone is missing, please send email to elianests@me.com with name and date of birthday. Thank you.



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CWL.HOLYTRINITYPARISH.CA