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MESSAGE FROM HT CWL PRESIDENT: NINA G. CARPIO

Dear Sisters in Christ,

Kudos to all of you who selflessly gave your very best during one of the busiest months we've had this year! Among these was your participation at the 98th Diocesan Convention as a delegate and member of the service support team; donation of HUG toiletry bags for the Women's shelter; preparation of gifts and prayer cards for our Parish First Communicants, RCIA, Confirmands, and STA Graduates; dedication of an hour of prayer for Palliative Care Week; learning more about the Carmelites and the Brown Scapular from Fr. Cannio; successful sales for the Mother's Day Teacup Fundraiser; hosting Fr. Lucio's 7th Anniversary of Ordination celebration, and many more. It was inspiring to see everyone working together and having fun, while generously giving time, talent, and treasure all for the love of God and others.

As we look forward to rest and re-energize during the summer break, let us now focus on the feast of the Sacred Heart of Jesus and the Immaculate Heart of Mary. Please do recite the Little Chaplet of the Immaculate Heart of Mary provided in the following section to unite yourselves more closely to them.

I invite you also to read on the reflection and also some highlights of our recent Diocesan Convention. Please click on the links to discover more on the interesting topics taken up, many of which were quite moving, and encouraged us to get more involved. May you be inspired by the Holy Spirit to take up the specific actions suggested, which could make a significant impact on your life, on your loved ones, or others you share your blessings with. At the convention, our national president shared a quote from Saint Vincent to remind us of our mission of being Catholic and Living it: "Remember that the Christian Life is one of action: not speech and daydreams. Let there be few words and many deeds, and let them be done well."

God bless you and look forward to see you at our last General Meeting before summer break on Jun 5th!!!

"IF I CANNOT SEE THE BRILLIANCE OF YOUR FACE OR HEAR YOUR SWEET VOICE, O MY GOD, I CAN LIVE BY YOUR GRACE, I CAN REST ON YOUR SACRED HEART!"

ST. THÉRÈSE OF LISIEUX

THE MONTH OF MAY IS DEDICATED TO THE THE SACRED HEART OF JESUS

As we begin to feel the warmth of summer, we can reflect that we celebrate the feasts of the **Sacred Heart of Jesus (June 16) and the Immaculate Heart of Mary (June 17)**. God is Love and the Sacred Heart of Jesus — present on earth in the Blessed Sacrament — is the human manifestation of God's Love for men. Appropriately June is considered the month for weddings where human hearts join and cooperate with the Creator in bringing forth new life. The family they create is a human reflection of the **Blessed Trinity**.

The Sacred Heart of Jesus is a devotion with long and historic provenance within Christianity, and in modern times has been established as a Solemnity for the universal Church.

Devotion to the Sacred Heart of Jesus has its dogmatic foundation the Incarnation of the Second Person of the Blessed Trinity. On account of the hypostatic union, every part of our Lord's Human Nature is worthy of adoration. Thus we adore His bodily Heart. We also honour the Heart of Jesus as a reminder or symbol of His love for us, and we are moved to make Him a return of love, because He has loved us and He is not loved by men. Love, consecration, and reparation are the characteristic acts of this devotion. In this form it is now solemnly approved by the Church.

On the feast of the Sacred Heart, an act of reparation is prescribed for recitation in every church in the world. On the feast of Our Lord Jesus Christ, King, the last Sunday of October, an act of consecration of the human race is prescribed. Though this devotion was practised by saintly souls before 1675, it is due to the apparitions of our Lord to Saint Margaret Mary Alacoque in the Visitation Monastery at Paray-le-Monial that the feast of the Sacred Heart is now kept on the day assigned by Our Lord. In spite of much opposition the feast was allowed in 1765, and extended to the world in 1856 by Pope Pius IX; in 1929 it was raised to the highest rank. Special manifestations of the devotion are the Communion of Reparation on the first Friday of the month, and the Holy Hour in union with Our Lord in His Agony.



Immaculate Heart of Mary

The Virgin Mary is the one human who loved Jesus most perfectly during her life on earth, and continues to love him in Heaven. She is the one who can teach us that pure love of Christ and draw us closer to his embrace.



Below is a short prayer from the Little Chaplet of the Immaculate Heart of Mary, asking Mary to bring us closer to her heart, so that we may love Jesus with the same love she had.

*O Mary, Mystical Rose, whose loving heart,
burning with the living fire of charity,
did accept us for thy sons and daughters at the
foot of the Cross,
becoming thus our tender Mother,
make me feel the sweetness of thy maternal heart
and thy power with Jesus,
that when menaced by the perils of this mortal
life,
and most of all in the dread hour of death,
**my heart united with thine may love my Jesus
then and through all ages.**
Amen.*

THE HOLY FATHER'S INTENTIONS FOR THE MONTH OF JUNE 2023

For the abolition of torture

We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families.



HT CWL GENERAL MEETING

JUNE 5TH

HOLY TRINITY PARISH HALL @7:00 PM

ALL WOMEN ARE INVITED TO ATTEND

GUEST SPEAKER: JENNIFER BADDELEY ON ASSISTED LIVING

INVITE A FRIEND AND HELP BUILD COMMUNITY.

CWL VANCOUVER DIOCESAN CONVENTION



Vancouver
Diocesan President
Sherray Duran



Diocesan
Head of
Prayer
Rosemary
Azu - Fr.
Augustine's
cousin



Carmelite Sr.
Elizabeth of St. Anne
Parish



National President
Fran Lucas



BC Provincial President
Sharon Geiger

FAITH

SERVICE

SOCIAL
JUSTICE

CWL VANCOUVER DIOCESAN COUNCIL 98TH ANNUAL CONVENTION

A reflection

I was pleased to be on the organizing committee, on behalf our council, for the CWL convention this year and as such I have a new found respect and admiration for the Diocesan leadership who spearheads this yearly event. The success is all in the details; Mass coordination (who will be the celebrant, who will assist, print out a Liturgical Booklet, hire musicians, select music), convention sound system (who will be on the sidelines when the presentations need to be uploaded, when the microphones don't work), greet our guests, host a raffle, run a 50/50 draw, identify speakers, prepare honorariums, food, food, food (breakfast, lunch, dinner, banquet, locate lost meal coupons), flowers and centrepieces, brew litres and litres of coffee, purchase and serve wine & cheese, entertainment (Irish Dancers on Friday and our own Frank Wimberley on bagpipes on Saturday) set up tables, take down tables, remove mountains of garbage—so many other tasks I have forgotten already because the event ran so smoothly. Being behind the scenes did not allow for me to participate in most of the daily events but it did bring me the most wonderful opportunity to interact and meet many wonderful women from our Diocese.

Highlights for me were: our spiritual advisor Father Choi attending the Friday luncheon. What a blessing to have him there and for him to see CWL in action. I also marvelled at the homilies and presentations given by our current Diocesan Spiritual Advisor, Father Hughes. That is always worth the price of admission. Sadly he will no longer be our CWL Spiritual Advisor as the Archbishop has moved him to be the Director of Vocations. The exciting news is that our new CWL Spiritual Advisor will be none other than Father Obiwumma. So, if you have not yet attended a CWL Diocesan meeting or convention, consider attending in the future to see and listen to the messages Father Augustine has in store for us. I would like to thank the wonderful volunteers from our council who came to act as “Hostesses” for the event:

Rita Shakespeare
Rose Harvey
Nicole Tancredi
Sally Matienzo
Diane Addison
Mary Meakes
Elena Fleming
Roselia Moreno

and our other members who attended the event; our President, Nina Carpio and Clarita David & Dee McInnes.

Thank you to Knights of Columbus members Gustavo Rodriguez and Hector Orozco who provided and hosted the “wine & cheese” event on Thursday evening. Rave reviews were heard all day Friday that set the bar high for the events that followed.

Consider attending next year when Region 4 – Coquitlam – will be our hosts. It is not too far to go and you will not regret the journey.

by: Linda Sibau - HT CWL Recording secretarie

Mission Statement

The Catholic Women's League of Canada calls its members to grow in faith, and to witness to the love of God through ministry and service.

HUG BAGS

Thank you to CWL members who donated items to our Helping/Understanding/Giving Bags. 18 HUG bags were delivered to the "Good Stuff Connection" a thrift store at 154 3rd Street West where proceeds go to the North Shore Crisis Services Society.

The HUG bags were gratefully accepted for distribution from the store as needed.

Larger items were taken to their "Transition House". Women helping other women in need, what a beautiful and simple idea.



*Lovingly prepared for you
by the women of the
Holy Trinity Parish
Catholic Women's League*

MOTHER'S DAY TEACUP SALE

The Mother's Day TeaCup sales was an absolutely stunning gift and sold out in a blink of an eye! We would like to extend our heartfelt gratitude to all the wonderful ladies involved in creating this masterpiece. Your hard work and dedication made this event truly special.

Thank you for spreading joy and making Mother's Day an unforgettable celebration!



KEY DAYS IN JUNE

- 1. Justin, Memorial
- 2. Marcellinus & Peter; **Ember Friday.**
- **2-4 Holy Trinity 75th Anniversary**
- 3. Charles Lwanga & Companions
- **4. TRINITY SUNDAY**
- 5. Boniface
- 9. Ephrem
- **11. CORPUS CHRISTI, Solemnity**
- **16. SACRED HEART OF JESUS, Memorial**
- **17. Immaculate Heart of Mary**
- 19. Romuald
- 21. Aloysius Gonzaga
- 22. Paulinus of Nola; John Fisher & Thomas More
- **24. NATIVITY OF ST. JOHN THE BAPTIST**
- 26. Josemaría Escrivá
- 28. Irenaeus
- **29. STS PETER & PAUL**
- 30. First Martyrs of the Holy Roman Church



Our dear friend and long-standing member of Holy Trinity CWL, Gina Galozo, is in need of our support. Let's come together to show her our love and care.

If you would like to volunteer to prepare a meal for Gina, please click on the link below. You will find the dates and address information on the sign-up sheet. Let's make sure Gina feels supported during this difficult time.

<https://www.mealtrain.com/trains/vlq8vg>

Thank you for your kindness and generosity. If you have any questions or concerns, please don't hesitate to reach out to us.

MOTHER'S DAY BREAKFAST



Mother's Day breakfast was a splendid occasion that brought families together in a lovely celebration. We extend our gratitude to all the dedicated volunteers who made this event possible. Thank you for your commitment to making our community stronger and more connected.

Your efforts truly made a difference!



FATHER CHOI'S 7TH ANNIVERSARY

On Sunday, May 14, Father Choi celebrated his 7th year anniversary of ordination. Our CWL presented him a Mass card and a \$50 gift certificate to Bufala restaurant in Edgemont Village. Any CWL members, wishing to contribute to this gift, bring a loonie or toonie to our June meeting.



CONFIRMATION GIFT



In our unwavering dedication to fostering the spiritual development of our community's youth, the CWL takes great pride in confirming our heartfelt commitment.

These tokens of love and faith serve as reminders of their sacred journey and our enduring support. May these gifts be a source of inspiration and guidance as they continue to grow in their faith.



Please pray for the intentions of

- Gina Galozo
- Andrea Gilmour
- Terry Ryznar
- Karen Gayle
- Diane Addison

2023 PALLIATIVE CARE WEBINAR – REPLAY

Don't miss this opportunity to enhance your understanding of palliative care and its vital importance. Watch the webinar now and embrace the power of compassionate care.

<https://attendee.gotowebinar.com/recording/3974325947106893998>

Core Values

FAITH – following Catholic teaching **SERVICE** – local, national and international
SOCIAL JUSTICE – actively involved in society

NOTES ON THE HIGHLIGHTS OF 2023 VANCOUVER DIOCESAN CONVENTION – PART 1

These were things that stood out for me during the convention which prompted a call to action.

1. Catholic and Living It – Fran Lucas, National President

I was inspired by her message taken from a quote by St. Vincent, who was known for his compassion, humility and generosity, “Remember that the Christian Life is one of action; not speech and daydreams. Let there be few words and many deeds, and let them be done well.”

2. Embracing Christ in Everyone – Sharon Geiger, BC Provincial President

I learned that it was her faith and trust in the Lord that gave her the courage to take on the daunting position of BC Provincial President. I was inspired by her quotes and thoughts that:

“God doesn’t call the qualified, He qualifies the called.”

“He will help me handle the job He gives me.”

“With God beside me, nothing is impossible.”

“Surely a fish can climb a tree, with God’s help.”

Actions:

- a. Start by focusing on fixing at least one relationship you have to date.
- b. Set schedule to invite the Diocesan Executive Representative to present the Unity Program. They will visit 56 parishes by the Fall to listen, collect info and gauge our needs, get to know us better, and explore our gifts and challenges.
- c. Executives role – to invite women, radiate the love of Christ, learn new things, share what we know, and encourage members to serve, speak well of each other, and be cheerleaders.

3. Sermon and Inspirational Talk – Fr. James Hugh, CWL Vancouver Diocesan Spiritual Advisor

I felt that he encouraged us to continue to find reasons to meet, be with like-minded women, and discover our mission and walk side-by-side in fulfilling it. What we experience now is that many people are isolated, especially during the pandemic, which leads to the sin of despair and their thinking that, “God can’t love me, no one loves me, and I can’t even love myself.”

What stood out for me was the video he shared on Rev. Calvin Robinson’s recent speech at the Oxford Union against Same Sex marriage in Oxford which was an eye opener for millions who watched it when it was posted on the internet.

Link: <https://youtu.be/TfgTPTS5Aa8>

Through his talk, I felt it brought to the surface what many have observed to be more apparent that the Catholic church has become more and more divided on many issues. (Same sex marriage, sex outside of marriage, contraception, LGBTQIA+, abortion, euthanasia, etc).

I learned that there are strategies that we can find on how listen and get others to understand clearly why we can’t accept same sex marriage and other issues that go against our faith and teachings on Catholic moral values. Also, that God’s voice is in every human being. Unless we find peace in Christ, we will fall to pieces. Thus in our own communities, we must realize that people need to be listened to, and brought to God.

Actions:

- a. **Reference book:** The New Apologetics: Defending the Faith in a Post Christian Era – Bishop Robert Barron. The Word on Fire – Online Book Club – <https://wordonfire.org>
- b. **Develop skills and strategies for good dialogue.** Learn to be creative in the area of dialogue, which assumes that many people have pieces of the answer which they can put together a workable solution, rather than a debate which is where two sides oppose each other and attempt to prove each other wrong. The goal is not to create a new truth, but create new ways to defend the truth. Discover how we can meet the opposition, listen to them, enable them to understand our position and realize what we can’t accept, without stirring up emotions that would block the person from listening. One method on a personal level would be to say, “This is what I see is beautiful about you...however, we cannot accept...” (Bouquet and Brick method). I would add to this from what I also learned elsewhere called the (sandwich method) where I would then end by telling the person that, “the reason why I care to share this with you is because I love you.”
- c. **Support National legislation** by supporting by meeting locally and having dialogues on various issues in our own parish communities.

by: Nina Carpio – HT CWL President

Core Purpose

Uniting Catholic women to grow in faith, and to promote social justice through service to the church, Canada and the world.

Pro-life Corner

DONATION TO CANADIAN CENTRE FOR BIO-ETHICAL REFORM

St. Thomas Aquinas High School graduate Carmel Dear, currently studying Communications at Capilano University, has been involved with Canadian Centre for Bioethical Reform (CCBR) since 2021, volunteering here in Vancouver. She participated in an internship and served as Western Digital and Social Media Coordinator in the fall of 2022. Carmel plans to work from May until the end of August this year with CCBR in recruitment, giving workshops and assisting the Western Outreach and Community Support Staff. Our CWL council has been asked to support her work by making a donation to CCBR.

The primary role of CCBR is to transform our culture from one which largely supports abortion to one which rejects abortion at all stages of development and in all circumstances. Their pro-life message has grown since inception of the organization in 2011 from one office in Calgary to six offices throughout the country with more than 20 staff members.

Several years ago we sponsored Sharon Horner's grandson who worked with CCBR. We have also co-hosted workshops within the parish given by CCBR Western Outreach Director Cameron Cote.

This Christmas we did not use our entire "donations" budget and as such passed a motion at our May 2023 general meeting to make a donation in the amount of \$500 to support Carmel with her work at CCBR this summer.

For more information on CCBR, visit their website at: Endthekilling.ca



NORTH SHORE PRO-LIFE

The members of the Board of the North Shore Pro-Life Society are committed to promoting and defending the right to life from conception to natural end. **We are working to increase the awareness of pro-life issues among North Shore parishioners**

Please visit our website for more information at North Shore Pro-life (northshoreprolife.org) or email northshoreprolife@gmail.com for more details.

*New Members
Welcome!!*

**Caroline Kemper
Rebecca Bond**

We're thrilled to have you on board.

Happy JUNE Birthdays!

**Kelly Bond
Nina Carpio
Natilie Domitter
Elena Fleming
Julia Heaney
Joan Jamieson**

**Chantal Pean
Lydia Quek
June Sawyer
Veronica Scully
Ruth Whittey
Sr. Margaret Hkawn Ri**

If someone is missing, please send email to elianests@me.com with name and date of birthday. Thank you.



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CLICK HERE!

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CWL.HOLYTRINITYPARISH.CA