



# HOLY TRINITY CWL

ISSUE JULY/23

Precious Blood,  
Ocean of Divine Mercy:  
Flow upon us.

Precious Blood,  
Most pure Offering:  
Procure us every Grace!

Precious Blood,  
Hope and Refuge of sinners:  
Atone for us!

Precious Blood,  
Delight of holy souls:  
Draw us! Amen.

St. Catherine of Siena

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- STA GRADUATION GIFTS
- NOTES - 2023
- VANCOUVER DIOCESAN CONVENTION
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## MESSAGE FROM HT CWL PRESIDENT:

**NINA G. CARPIO**

Dear Sisters in Christ,

Hope you are enjoying your summer break and the beautiful sunshine! This July 1st, we celebrate the Feast of Corpus Christi. This day is also known as the Solemnity of the Most Precious Blood of Our Lord Jesus Christ, which was proposed by St. Thomas Aquinas to Pope Urban IV to create a feast focused solely on the Holy Eucharist, emphasizing the joy of the Eucharist being the Body and Blood, Soul and Divinity of Jesus Christ. The Blood of Christ is precious because it is Christ's own great ransom paid for the redemption of mankind. Jesus gave His life – His blood – for the sake of all humanity, atoning for every form of human sin. This devotion to the Most Precious Blood is therefore understood to be a call to repentance and reparation.

I recall Sr. Marilyn, one of the Sisters of La Salette, who served at Holy Trinity Parish a few years ago, teaching me a short but powerful prayer and it went like this: "Blood of Jesus, cover me." After learning this, I found myself continuing to pray it every single day I leave the door of my home, or at any other time I feel I need for His protection and call on His presence. This prayer brings me the courage and enthusiasm to seize the day with joy and anticipation on what He has in store for me, while knowing that God is always in control at every moment. I thus am able to move forward with my day with the desire to fulfill His will in everything I do. This gives my life more purpose and meaning no matter how small a task or significant an event.

Celebrating this special feast makes me ponder on how important the Eucharist is in our lives, and gives me the desire to attend mass every day I can, not just on a Sunday, to receive Him through Holy Communion. If every Catholic realizes how receiving the Holy Eucharist strengthens and blesses us, and how our Lord Jesus literally and physically becomes a part of us, what a joy and honor it is indeed to experience it, being members of His church! It is because of receiving Him that I believe I gain the strength to resist temptation and overcome sin. I especially recall one that had become habitual which I never thought would end, but through receiving the Eucharist, I realized that I eventually did! Because of this, I truly believe that the Eucharist can really bring so many miracles in one's life and know He can do the same for you, if not already.

Finally, this day of Solemnity also reminds me of a talented young man by the name of Carlo Acutis who was beatified in 2020, due to among many other things, his deep devotion to the Eucharist. He was best known for documenting and spreading the invaluable stories of Eucharistic miracles around the world through his website and exhibits. I continuously share his story with my Grade 7 PREP students every year, letting them know that they too can be holy and fulfill God's mission as early as now; and so can you! I'm looking forward to seeing you at our summer mass on July 19th! Take care and till then...

**May our Lord Jesus cover you with His most precious blood.**

THE CUP OF BLESSING THAT WE BLESS, IS IT NOT THE SHARING OF THE BLOOD OF CHRIST?

## THE MONTH OF THE PRECIOUS BLOOD OF JESUS

The month of July is dedicated to the Precious Blood. The feast of the Precious Blood of our Lord was instituted in 1849 by Pius IX, but the devotion is as old as Christianity. The early Fathers say that the Church was born from the pierced side of Christ, and that the sacraments were brought forth through His Blood.

"The Precious Blood which we worship is the Blood which the Savior shed for us on Calvary and reassumed at His glorious Resurrection; it is the Blood which courses through the veins of His risen, glorified, living body at the right hand of God the Father in heaven; it is the Blood made present on our altars by the words of Consecration; it is the Blood which merited sanctifying grace for us and through it washes and beautifies our soul and inaugurates the beginning of eternal life in it."

### DEVOTION TO THE PRECIOUS BLOOD

Devotion to the Precious Blood is not a spiritual option, it is a spiritual obligation, and that not only for priests, but for every follower of Christ. I really believe that one of the symptoms of modern society (and I would even include, sadly, modern Catholic society) one of the symptoms of a growing, gnawing secularism is the lessening and the weakening of devotion to the Precious Blood. Devotion, as we know, is a composite of three elements: It is first- veneration, it is secondly- invocation, and it is thirdly- imitation. In other words, devotion to the Precious Blood of Christ, the Lamb of God who was slain, is first of all to be veneration on our part, which is a composite of knowledge, love and adoration. We are to study to come to a deeper understanding of what those two casual words, Precious Blood, really mean.

I found this passage in the oldest document, outside of sacred scripture, from the first century of the Christian era – to be exact, from Pope St. Clement I, dated about 96 A.D. Says Pope Clement: "Let us fix our gaze on the Blood of Christ and realize how truly precious It is, seeing that it was poured out for our salvation and brought the grace of conversion to the whole world."

To understand the meaning of the Precious Blood we must get some comprehension of the gravity of sin, of the awfulness of offending God, because it required the Blood of the Son of God to forgive that sin. We are living in an age in which to sin has become fashionable.

This veneration of the Precious Blood, which is the first element in our devotion to the Precious Blood means that we have a deep sensitivity to the awfulness of sin. Sin must be terrible. It must be awful. It must be the most dreadful thing in the universe. Why? Because it cost the living God in human form the shedding of His Blood.

***Lord Jesus, You became Man in order by your Passion and Death and the draining of your Blood on the Cross, might prove to us how much You, our God, love us. Protect us, dear Jesus, from ever running away from the sight of blood. Strengthen our weak human wills so that we will not only not run away from the cross, but welcome every opportunity to shed our blood in spirit in union with your Precious Blood, so that, dying to ourselves in time we might live with You in Eternity. Amen***

Excerpted from [The Precious Blood of Christ](#), Fr. John A. Hardon, S.J.

#### THE HOLY FATHER'S INTENTIONS FOR THE MONTH OF

JULY 2023

#### For a Eucharistic Life



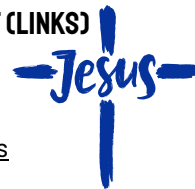
We pray that Catholics may place the celebration of the Eucharist at the heart of their lives, transforming human relationships in a very deep way and opening to the encounter with God and all their brothers and sisters.

#### DEVOTIONS TO THE PRECIOUS BLOOD OF CHRIST (LINKS)

[Chaplet of the Most Precious Blood](#)

[Litany of the Most Precious Blood of Jesus](#)

[Offering in Reparation to the Most Precious Blood of Jesus](#)





# CWL Summer Mass

SAVE THE DATE

## July 19th @ 2PM

More Information to come

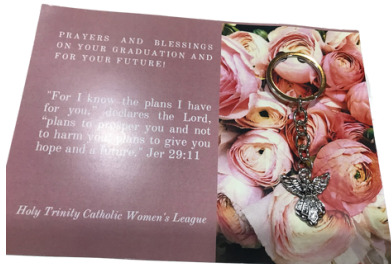
### CWL SCHOLARSHIP 2023



**Holy Trinity School** - \$100 scholarship was Lila Ryce

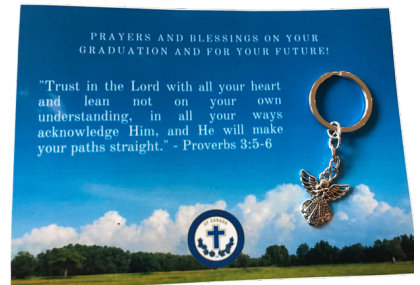
**Saint Thomas of Aquinas High School** - \$600 scholarship was Sophie Cox. Award was presented to her by Nina who attended the commencement ceremony at Broadway Church on Thursday, June 22

### STA GRADUATION GIFTS



The St. Thomas Aquinas High School Graduation and Commencement events took place on June 22. All the graduates received a personalized postcard and a keychain.

Thank you to Eliane for the beautiful postcards, Mylene for the angelical keychain and Yolanda for printed all the cards.



### Please pray for the intentions of



Gina Galozo

Andrea Gilmour

Terry Ryznar

Karen Gayle

Diane Addison

Barb Bogdanow

**"Every single grace comes to the soul through prayer."**

St. Faustina Kowalska

### KEY DAYS IN JULY

- 1. Junipero Serra - **CANADA DAY**
- 3. **Thomas, Apostle, Feast**
- 5. Anthony Mary Zaccaria
- 6. **Maria Goretti**
- 11. Benedict
- 13. Henry
- **14. Kateri Tekakwitha**
- 15. Bonaventur
- 16. **Our Lady of Mount Carmel**
- 18. Camillus de Lellis
- **19. CWL Summer Mass**
- 20. Apollinaris
- 21. Lawrence of Brindisi
- **22. Mary Magdalene, Feast**
- 24. Sharbel (Charbel) Makhloof
- **25. James, Apostle, Feast**
- 26. Joachim and Anne
- 29. Martha, Mary and Lazarus
- 31. Ignatius of Loyola



## CELEBRATING CANADA DAY: HONORING THE CWL AND THE SPIRIT OF FAITH, UNITY, AND SERVICE

Happy Canada Day! Today, as we celebrate the vibrant spirit and rich heritage of our great nation. Canada Day holds immense importance as it signifies the birth of Canada as a sovereign country, marking the confederation of our provinces and territories.

On this special occasion, we also acknowledge the valuable contributions of various community organizations, including the Catholic Women's League (CWL). Rooted in the Catholic faith, the CWL has been an integral part of Canada's social fabric.

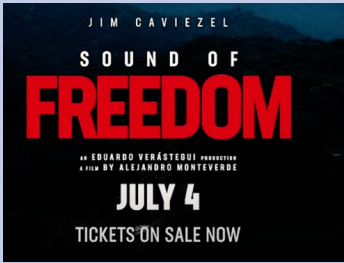
The CWL, known for its dedication to faith, charity, and justice, has played a significant role in promoting the principles and teachings of the Catholic Church. Through their tireless efforts, they have exemplified the values of compassion, service, and unity, inspired by their deep-rooted faith.

The CWL has been instrumental in fostering a sense of community, promoting social justice, and empowering women across the country. Their commitment to the Catholic faith has guided them in supporting numerous charitable initiatives, advocating for important causes, and providing assistance to those in need.

As we celebrate Canada Day, let us recognize and appreciate the profound impact of the Catholic Women's League and its members in Canada but specially our Holy Trinity CWL Members, who have exemplified the values of compassion, service, and unity in the context of their Catholic faith. Together, we honor their and your commitment to building a better and more inclusive Canada for all.

Happy Canada Day, and may the spirit of unity, compassion, and the Catholic faith continue to thrive within our nation.

by Eliane Miranda - HT CWL Communications



This movie exposing child trafficking will be shown in Landmark cinemas (New West and Richmond) on July 3, 2023. Showtime's 12:30 and 9:50 pm.

Please inform your friends that this is another evil we need to fight also with all the "Armour of God".

Christus Vincit!  
[LINK CLICK HERE](#)



Our dear friend and long-standing member of Holy Trinity CWL, Gina Galozo, is in need of our support. Let's come together to show her our love and care.

If you would like to volunteer to prepare a meal for Gina, please click on the link below. You will find the dates and address information on the sign-up sheet. Let's make sure Gina feels supported during this difficult time.

<https://www.mealtrain.com/trains/vlq8vg>

Thank you for your kindness and generosity. If you have any questions or concerns, please don't hesitate to reach out to us.



### Core Values

**FAITH** - following Catholic teaching    **SERVICE** - local, national and international  
**SOCIAL JUSTICE** - actively involved in society

# NOTES ON THE HIGHLIGHTS OF 2023 VANCOUVER DIOCESAN CONVENTION – PART 2

## 4. Christian Addictions Recovery Ministries Society – CHARM – Angela Von Werder

It was upsetting to hear that the legalization of Marijuana brought a 20% increase of users.

CHARM provides faith-based recovery programs to individuals recovering from alcoholism and addiction. "Hope is what is needed."

I learned about their Workshop called, "We Thirst" – A comprehensive educational series that addresses the various ways people are affected by substance use.

Actions:

**a. Share information with our members. Website: <https://charmrecovery.org/family-programing/>**

**b. Donate to CHARM program.**

## 5. Domestic Abuse Services – Our Lady of Good Counsel Society (formed under the patronage and guidance of the Catholic Women's League) – Laura on behalf of Maria Magnusson, Director

I learned that they offer a range of services and programs that build awareness on domestic violence, offer options to survivors of abuse and help survivors transition to a better life.

These include:

- A transition house called Eva's House for women and their children to offer them a safe refuge.
- Access to resources, counseling and support programs to help build confidence, self-worth, and skills to move forward.
- A crisis helpline with trained, volunteer operators
- Educational programs and speakers to build awareness of domestic violence and relationship abuse to private groups, high schools and community events.

Actions:

**a. Join the Walkathon in Sep 2023**

**b. Become a member. Website: <https://domesticabuseservices.ca/>**

**c. Donate Goods or volunteer to work at the Thrifter's Paradise Store**

**d. Invite DAS to do a presentation in our Gen. Mtg. and distribute DAS brochures.**

## 6. Forensic Nursing – Sheila Early

For victims of sexual assault, child maltreatment and abuse.

The most decisive turning points in world history are substantially co-determined by souls whom no history book ever mentions. – St. Teresa Benedicta of the Cross.

I learned that through her experience as a nurse, she realized that care wasn't appropriate for child abuse and victims of sexual assault and rape. The WHO defined that violence is a healthcare problem. She founded of First Sexual Assault Nurse Examiner Program in BC at Surrey Memorial Hospital which provides Forensic Nursing education. In 1993, they started with 2 nurses and currently have 76 dedicated individuals who can recognize someone who is hurt physically and psychologically from violence. Their aim is to provide every hospital/health centre with a nurse dedicated to the individual who can listen, build trust with victims and let them know that they are in a safe place in the hospital, perform physical examinations, and refer victims to a transition house. They provide the following services:

- **Child maltreatment and abuse – listening to the victim and the whole family.**
- **Mental Health – go out with police on the streets and help with medication and housing victims.**
- **Forensic Psychiatry – work with police and help victims live a productive life.**
- **Death Investigation – work with coroners, medical examiners to speak for the victim.**
- **Human trafficking – helping people coerced into the sex trade that are moved from city to city.**
- **Strangulation – they identify and discover ways to treat victims from this violence and trauma that has life threatening effects which can go unnoticed by the time they reach the hospital.**
- **Injury Documentation – defining and emphasizing importance of terms such as distinguishing between laceration vs. cut.**
- **Legal Cases in Criminal and Civil courts – Nurse is called for expert opinion on injury and the cause of it.**
- **Mass Casualty Events – helping law enforcement and Health Department in what to do, to prevent it from happening again. Ex. Nova Scotia killings.**

Action: Share information with our parish executives and members

## Core Purpose

Uniting Catholic women to grow in faith, and to promote social justice through service to the church, Canada and the world.

## 7. Momentum – Sr. John Mary Sullivan, Life, Marriage and Family Program Specialist at the Archdiocese of Vancouver

They have built a vibrant community for single mothers because some of them don't feel they have support in their parish. Momentum provides retreats, weekly meetings, in person monthly gatherings, webinars and podcasts. This is to let single parents know that they are an essential part of the parish community.

### Actions:

- a. Share information by getting the word out to our parish executives and members.
- b. Connect with Sister John Mary at the Vancouver Diocese. <https://rcav.org/about/contact>

## 8. Right Now – Electing Pro-life Representatives to Governments – Alissa Golob

Goal is to get people across Canada who do not agree with the status quo on Abortion, and join them in electing MPs that are pro-life and support human rights for all human beings.

The group mobilizes its members to reach voters by literally knocking on doors, as they realize that one door knocker increases voter support by 12% which can spell the difference between a pro-life candidate winning or losing an election.

### Actions:

- a. Donate funds – website: <https://itstartsrightnow.ca>
- b. Share information with parish executives and members.
- c. Become a delegate in the 2023 Conservative Convention on Sep 7-9, 2023, in Quebec City to pass and vote for pro-life policies.

## 9. Hearing the Call of God – Jean Paul de Fleuriot, Western Regional Coordinator, NetCanada

NetCanada is a missionary organization which arrived in Vancouver 4 years ago. It sends teams of young adults to share faith in schools and parishes virtually and in-person, to build relationships with youths so they are transformed and re-engaged in their Catholic faith.

Many young people are losing their faith by the time they finish high school. Many parents are struggling to get their kids to go to church.

A priest told him and his wife that "Lukewarm Catholicism is no longer going to cut it. What we need are holy souls – families and individuals. It's only those with deep faith who will be able to survive the days ahead."

He emphasized that Satan wants to destroy our faith so that he can separate us from God's love.

But God is on the move and he is defending His own! He is calling us all to conversion to deepen our faith so that we can resist the devil and live out the good news of the Gospel in our lives.

### NetCanada Programs:

- Youthful missionaries who can relate to young people
- Life changing retreats for youth
- Create or have renewal youth ministry
- Nationwide ministry – they come to you



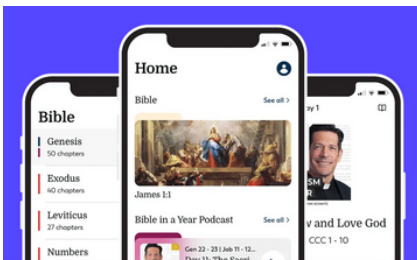
### Actions:

- a. Donate to help support the program and operational costs.

Website: <https://www.netcanada.ca>

- b. Invite NetCanada to come and reach out to the Youth in Our Parish. CWL has also helped missionaries and their families by donating household items, gift cards, and meals.

by: Nina Carpio – HT CWL President



## The Bible & Catechism App!

The word of God and the complete teachings of the Catholic Church. Answers and commentary by Fr. Mike Schmitz, Jeff Cavins, and other experts. Video, audio, and textual commentary. Right on your phone. [CLICK HERE TO LEARN MORE](#)

## Mission Statement

The Catholic Women's League of Canada calls its members to grow in faith, and to witness to the love of God through ministry and service.



Join the **North Shore ProLife Society** as they host the Canadian Centre for Bioethical Reform (CCBR) on their cross Canada "Faces of Abortion" tour on **Saturday, July 8 from 9:30 to 11:30am at Holy Trinity Parish Hall, 2725 Lonsdale, North Vancouver.**

This workshop will equip you with the tools to have effective conversations that present the pro-life view with compassion and clarity. Refreshments will be served. Invite a friend!

Please register at <https://nspls2023.ticketleap.com/cbr-change-hearts-and-minds/> or by email at [northshoreprolife@gmail.com](mailto:northshoreprolife@gmail.com)

In addition, CCBR is looking for **supporters who are willing to host some of our staff and interns during their stay, approximately from July 6 to July 11. As a host home, you will:**

- Provide sleeping arrangements for two (or more) CCBR staff or interns for the duration of our stay
- Provide breakfast and possibly one or two dinners for the interns/staff staying with you
- Have the opportunity to hear directly from those on the front lines what CCBR is accomplishing this summer
- Contribute directly toward the important work of changing hearts and minds about abortion

If you would be willing to be a host home, or host a church presentation or dinner, please contact Virginia Wight at [vwight@endthekilling.ca](mailto:vwight@endthekilling.ca). For further information on our tour, visit [endthekilling.ca/tour](http://endthekilling.ca/tour).



NORTH SHORE PRO-LIFE

The members of the Board of the North Shore Pro-Life Society are committed to promoting and defending the right to life from conception to natural end. **We are working to increase the awareness of pro-life issues among North Shore parishioners**

Please visit our website for more information at North Shore Pro-life ([northshoreprolife.org](http://northshoreprolife.org)) or email [northshoreprolife@gmail.com](mailto:northshoreprolife@gmail.com) for more details.

## Happy JULY Birthdays!

Elda Bodnaruk  
Lourdes DeLara Peres  
Edna Lim  
Samantha Ong  
Nicole Tancredi  
Kim Thorpe

If someone is missing, please send email to [elianests@me.com](mailto:elianests@me.com) with name and date of birthday. Thank you.



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