

NINA G. CARPIO

Dear Sisters in Christ,

- HOLY TRINITY CWL ANNUAL
- PRO-LIFE CORNER

Happy New Year! I hope you had a lovely time with your friends and family this past Christmas holiday. I hope you feel refreshed and excited to fulfill your new year's resolutions. This year's theme from CWL National is from Isaiah 6:8 "Here I am Lord, send me."

In the last Diocesan General Meeting on Jan 27th, our CWL Diocesan Spiritual Director Fr. Augustine shared that our world is longer in the age of Christendom. Many are no longer focused on Judeo Christian values. As we experience struggles in life such as with family, health, job, financial situations or other; he reminded us that we need not despair or lose hope. God is a faithful God and He will never abandon us. As sisters in the League, we must continue to stand together to encourage and strengthen one another, as we face these many challenges. The sisterhood we have is very special, and the support through the friendships we build with one another, are truly valuable. We are thus encouraged to evangelize others by inviting more ladies to join the League. A smile, an act of kindness, or a warm hug is a good start. There is strength in numbers and even if some may physically be unable to attend meetings or gatherings, it is still important that we still encourage others to register and be counted. This allows us to continue to advocate the Gospel, strengthen and maintain good moral Christian values in our country. We are urged to continue to pray and be vigilant, as there is much information presented to us that can be very confusing. We must be careful with what we read or watch, especially on mainstream media. Let us pray for the Holy Spirit to continue to give us the gifts of wisdom, knowledge, understanding, and counsel to guide us; as well as courage, piety, fear of the Lord that we may carry out His will for us this year. Most of all, may all our acts be done with love.

THE MONTH OF FEBRUARY IS DEDICATED TO THE HOLY FAMILY

This February marks the commencement of the liturgical season known as Tempus per Annum or Ordinary Time, symbolized by the color green, representing hope in the sprouting seed and inspiring faith in the eternal harvest of heaven, particularly the hope of a glorious resurrection. Green vestments are worn during Ordinary Time prayers, emphasizing the journey of faith.

Transitioning into the latter part of February, we enter the solemn season of Lent. The liturgical color transforms to violet or purple, symbolizing penance, mortification, and the sorrow of a contrite heart. This period invites reflection and spiritual discipline, preparing our hearts for the joyous celebration of Easter.

Catholic piety, dating back to the 16th century, designates specific months for special devotions. February, often associated with the Holy Family, aligns with the Feast of Our Lord's presentation at the temple on February 2. Pope Leo XIII highlights the Holy Family as a perfect model of domestic life, virtue, and holiness, offering a harmonious and unified example for all Christian families to emulate.

The Feast of the Presentation, also known as Candlemas, serves as a meaningful transition from Christmas to Easter. While the Christ-Child remains cradled in His Mother's arms, she already presents Him as a sacrificial offering. Mid-month brings Ash Wednesday, a solemn occasion where we humbly accept ashes, a poignant reminder of our mortality and the call to penance.

May this month be one of spiritual growth, reflection, and preparation for the profound mysteries of the liturgical calendar.

"May the Holy Family, icon and model of every human family, help each individual to walk in the spirit of Nazareth."

> By Eliane Miranda HT CWL Communications

THE HOLY FATHER'S INTENTIONS FOR THE MONTH OF FEBRUARY 2024

For the New Martyrs

We pray that those who risk their lives for the Gospel in various parts of the world inflame the Church with their courage and missionary enthusiasm.

INTRODUCING THE CWL 2024-2025 THEME

Here I am Lord, send me.

Heavenly Father,

Through the ages, you have called many to serve you.

Abraham, Sarah and Samuel; Martha, Mary and Elizabeth.

As well as countless men and women throughout the ages.

All were different, and each brought unique gifts to your service.

Now today, we too hear your call to come and follow, to bring our gifts to your service.

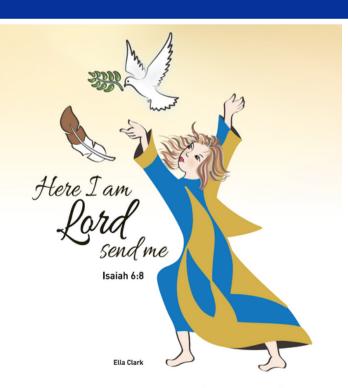
Help us, O Lord to make our reply, "Here I am Lord, Send me" with full and generous hearts,

in order that we may be your instruments in the building of your Kingdom.

We ask that you hear and answer our prayers through Christ our Lord.

Amen.

Bishop Wayne Lobsinger



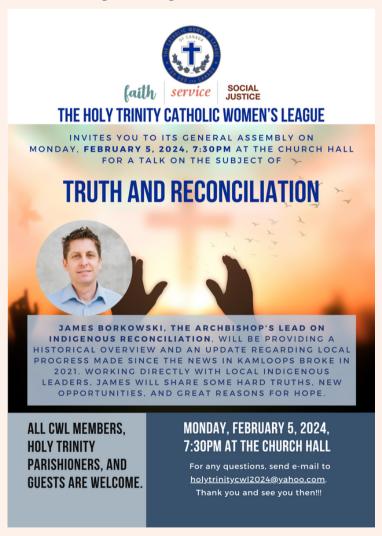


WE are POWERFUL when we are TOGETHER



General Meeting FEBRUARY 5, 2024@ 7PM

Holy Trinity Parish Hall



New Executives for 2024 - 2026

We invite all to prayerfully consider about becoming an executive for the coming new term!

The role of executive involves being a cheerleader, radiating the love of Christ to others, learning new things, sharing what you know, and encouraging other members to serve and enjoy getting to know one another better, among many other things.

NORTH SHORE LOOKOUT HOUSING & HEALTH SOCIETY



Thank you to the generosity of CWL members and Holy Trinity Parishioners, we were able to donate \$505 to the North Shore Lookout Housing & Health Society.

A heartfelt thanks to Roselia's daughters Gabriella & Andrea who braved the chilly winds after school to decorate the tree with the ornaments and bows that were made at our CWL General Meeting on Monday, December 4. Participation from our members made the event a success.

With gratitude & love,

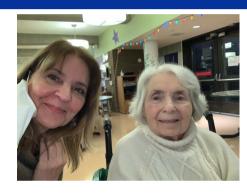
Linda

SHUT-IN MEMBERS VISIT



Our CWL executive team happily visited many shut-in members during the Christmas season
Anna Yeung and Veronica Scully.

Thank you Diane for the pictures.



ANNA CHUTKA 100TH BIRTHDAY



On Friday, December 29, Anna Chutka celebrated her 100th birthday surrounded by family and friends in the church hall. The venue was adorned with pink flowers, balloons, and table centerpieces, all in Anna's favorite color, creating a cheerful atmosphere. The occasion was marked by the sharing of stories, the recounting of memories, and an abundance of smiles and laughter. Heartfelt birthday wishes and certificates of recognition were presented from notable figures, including King Charles of England, Prime Minister Trudeau, Premier of BC David Eby, various North Shore MLA's, MP's, and mayors, making it a touching tribute to Anna's life.

Following this joyful celebration, the Catholic Women's League (CWL) expressed their delight in hosting and commemorating Anna Chutka's 100th birthday.

However, with deep sorrow, it is announced that Anna passed away on January 21, 2024. Anna, a regular attendee of weekly mass and CWL general meetings, will be profoundly missed.

May her dear soul rest in peace.

Her gentle disposition and beautiful smile will be greatly missed

CALL TO SERVICE:

a. CWL Sunday After Mass Coffee Hosting – after the 10:30am Sunday masses in Feb 2024. Volunteers are needed for food donations, preparation and service. Please join us and wear your CWL scarves, and take the opportunity to meet and invite other ladies and guests of the parish to join CWL. Contact Linda Sibau at <a href="https://https:/

b. Donate to the (CCN) Canadian Catholic News journalism Initiative

B.C. Catholic editor Paul Schratz spoke at our Vancouver Diocesan General Meeting last Saturday, Jan 27, introducing this project to reshape the future of Catholic journalism in Canada. He appealed to the CWL to provide financial support for aspiring Catholic students' studies in a course on ethical journalism.

For personal donations or more information, email Paul Schratz directly at editor@rcav.org

Click the link for the news article on this initiative: https://canadiancatholicnews.ca/2024/01/23/canadian-catholic-journalism-course-getting-some-american-attention/

"With the decline of Catholic newspapers in the country over the past decade, Catholic Register publisher Peter Stockland and B.C. Catholic editor Paul Schratz believed the service needed new direction. They were concerned about declining standards of journalism they saw when it came to reporting on the Catholic Church, particularly on the Kamloops residential school story and the visit of Pope Francis to Canada in 2022 – a visit they covered jointly by embedding a CCN reporter in the Vatican news pool.

The course was designed in response to the need for writers for the relaunch of Canadian Catholic News (CCN) as a public-facing news website. Tailored to the unique landscape of Catholic journalism, participants delve into Church teachings on social communications, theological reflections on journalism, ethics, and the distinctive qualities of a Catholic journalist."

c. Domestic Abuse Services – Mardi Gras Gala Charity Event on Feb 3, 2024 at 6 to 11pm at the Anvil Centre, 777 Columbia St., New Westminster.

Members are invited to purchase tickets for an evening of live & silent auctions, live music, cocktails and dinner. Donations for silent auction items such as gift baskets or gift cards are welcome. This annual fundraiser is support families who are victims of domestic abuse. For more info contact Domestic Abuse Services at:

admin@domesticabuseservices.ca or call 604-585-6688.

Link: https://www.mardigrasgala2024.com/

d. Our teacup sale was a huge success last year and we would like to repeat it again this Mother's Day. If you have any teacup and saucers you no longer want, please consider donating them to the CWL. We will fill them with goodies and wrap them in lovely cellophane for our next fundraiser.

Please contact Nicole @ nickitancredi@gmail.com to donate and/or volunteer to help.

KEY DAYS IN FEBRUARY

2. Presentation of the Lord

- 2. Candlemas Day
- 3. Blaise; Ansgar
- 4- North Shore Pro-life AGM

5. CWL General Meeting

- 5. Agatha
- 6. Paul Miki and Companions
- 8. Jerome Emiliani; Josephine Bakhita,
- 11. Our Lady of Lourdes
- 10. Scholastica
- 14. Valentine's day; Ash Wednesday
- 17. Seven Founders of the Orders of Servites.

18. FIRST SUNDAY OF LENT, Sunday

- 21. Peter Damian
- 22. Chair of St. Peter, Feast
- 23. Polycarp of Smyrna

CALL TO PRAY FOR COMFORT, HEALING AND STRENGTH FOR:



Tanya Stratis
Elmer Pagtanac and family
Dr. Ofelia C. Adapon
Milette C. Pena
Noel Gutierrez



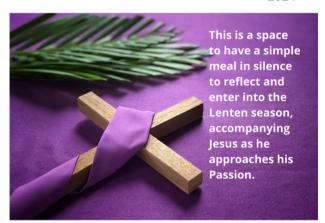
Masses for the Sick – Hosted by La Salette Sisters

Evergreen – **1st Thurs of every month – 9:15 am** prep time. 10:30am Mass for residents only.

Lions Gate Hospital Chapel – 3rd Thurs of every month. 11:00 Mass to pray for the sick. All CWL Ladies are invited to attend. Priests from Northshore rotate in celebrating the masses.

Soup & Silence

2024



When: Every Friday During Lent (Feb 16, 23, March 1, 8, 15, 22).

Where:

6:00pm HT Parish Hall We invite all our CWL members to participate in our beautiful tradition of Soup and Silence 2024 every Friday during Lent.

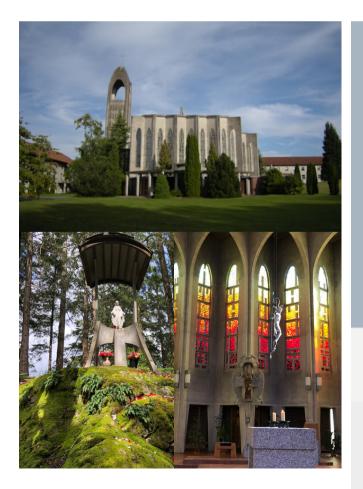
In Soup and Silence will engage in our spiritual disciplines of prayer, fasting and almsgiving that are of special importance during Lent. These practices serve to deepen our connection with God, our awareness of Jesus' sacrificial love, and to prepare our hearts and minds for the Paschal Mystery.

Lets actively participate in our Soup & Silence this Lent and take the opportunity to reflect and to renew our commitment to our core values of Faith, Service and Social Justice.

When? Every Friday during Lent (Feb 16, 23, March 1, 8, 15, 22) Time? 6pm Where? Parish Hall

If you can support this tradition by bringing vegetarian soup (12 portions) or bread (12 portions) on any of these days, or if you would like to help serving and cleaning, please call Roselia at 778-2333835 or email her at romoreno6@gmail.com.





HOLY TRINITY CATHOLIC WOMEN'S LEAGUE ANNUAL RETREAT APRIL 19-21, 2024

Contemplating the Trinity: A Dynamic of Love

JOIN SISTER JOHN MARY SULLIVAN, A FRANCISCAN SISTER OF THE EUCHARIST AT OUR ANNUAL CWL RETREAT AT WESTMINSTER ABBEY, MISSION, BC



Cost: \$175 per person for a 2-night stay, including meals (Cost for those who wish to come an extra night on April 18 is \$30 extra.)

Payment: E-transfers to nickitancredi@gmail.com OR Cheques can be made to Holy Trinity CWL (please leave at church office)

Please RSVP nickitancredi@gmail.com



Sister John Mary Sullivan, a Franciscan Sister of the Eucharist, holds a Masters in Theological Studies from the John Paul II Institute at Catholic University of America in Washington, D.C., and is a License Marriage and Family Therapist. She earned her Masters in Marriage and Family Therapy at Central Connecticut State University. Sister John Mary is currently working for the Archdiocese of Vancouver as an associate director in Ministries and Outreach and is the coordinator for Marriage and Family Ministries.

ANNOUNCEMENTS

a. Applications now being accepted for two Bursaries offered by the CWL Vancouver Diocesan Council. A bursary of one thousand dollars (\$1000) for a student entering first year full time in Post- Secondary education whose mother, grandmother or legal guardian is a League Member.

Application form is available in the CWL Vancouver Diocesan website: https://vancouvercwl.ca/vancouver-diocesan-bursary-application-form-2/

Pls submit all completed forms and required documents on or before April 5th 2024 to: Mrs. Paula Stewart 301C, 702 School rd Gibsons BC V0N1V9

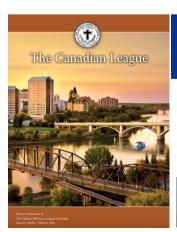
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Or send email to: pauladianestewart@yahoo.ca

b. Invitation to Alpha – CWL invites all members and parishioners to in-person sessions to begin at Holy Trinity Parish on April 9th.



Alpha is an 11-week course, online or in-person, that creates a space where people are excited to bring their friends for a conversation about Jesus. It is a parish tool for evangelization based on hospitality, sharing and open conversation. The same Alpha content is run all over the world, by Christians of all traditions, sharing the good news of the life, death, and resurrection of Jesus. Everyone is welcome. Even as times have changed, the Alpha course has continued to be used by the church as an effective tool to reach the lost with the gospel of Jesus Christ.



THE CANADIAN LEAGUE WINTER 2024

https://www.cwl.ca/wpcontent/uploads/2024/01/2024.v100.n1 -The-Canadian-League-final.pdf



Core Purpose

PRO-LIFE CORNER



North Shore Pro-Life Society Annual General Meeting

Protecting Each Other From:



Keynote by: Angelina Ireland

President, Delta Hospice Society

Toin us: February 4, 2024 @ 3:30pm

Holy Trinity Church Hall

2725 Lonsdale Avenue, North Vancouver

free event with

REFRESHMENTS • DOOR PRIZES • UPDATES ON PRO-LIFE INITIATIVES

Register Today: send an email to northshoreprolife@gmail.com

First 40 people to register via email will receive a Precious Feet lapel pin at the event.

www.northshoreprolife.org



The North Shore Pro-life Society invites you to attend our free Annual General Meeting on Sunday, Feb 4th in the Holy Trinity parish church hall at 3:30pm (after the 2:30 PM Mass).

The first 40 people pre-registering to email: northshoreprolife@gmail.com or by phone message to 604 980-7189, will receive a Precious Feet lapel pin at the event.

Refreshments will be served



The members of the Board of the North Shore Pro-Life Society are committed to promoting and defending the right to life from conception to natural end. We are working to increase the awareness of pro-life issues among North Shore parishioners

Please visit our website for more information at North Shore Pro-life (<u>northshoreprolife.org</u>) or email northshoreprolife@gmail.com for more details.

HAPPY 100TH BIRTHDAY, DEAR CONCETTA SIGNORELLI



On this momentous occasion, we celebrate not just a century of life but also a legacy of love. faith, and service that you have bestowed upon us as a cherished member of the CWL.

Your dedication to our community and the values we hold dear is truly inspirational.

May this milestone be a testament to the inpact you've made, and may your days continue to be filled with joy, love, and the warmth of the countless lives you've touched.

Here's to a renarkable life and the beautiful journey that lies ahead.

Cheers to you and a century of making a difference!

Mission Statement



If someone is missing, please send email to elianests@me.com with name and date of birthday. Thank you.

THE LEAGUE HAS OVER 1100 COUNCILS IN PARISHES ACROSS CANADA

The Catholic Women's League of Canada is an inclusive and engaged community of Catholic women inspired by faith. It is:

- A vital participant in the church;

- A valued partner for social justice;
- A respected advocate at all government levels;
 - Connected to the world.

